

Japan Video Topics

2012	Topic	Length	Description	
11/12 No9	The Camellias of Hagi 萩の椿	3'22"	Hagi, in Yamaguchi Prefecture, is an historic city set among beautiful scenery, containing many fascinating relics and reminders of the key role it played in Japan's 19th century modernization. Hagi's major attraction for visitors, though, is its camellias. Over 25,000 camellia trees grow in a natural hillside forest, and the simple beauty of these blossom-covered trees is an irresistible magnet for the flower-loving Japanese.	DVD
	Arita Porcelain 有田焼	4'22"	Arita, in Saga Prefecture, was where Japanese ceramics began, about 400 years ago. Arita ware is made in many variations, from simple blue and white pieces hand colored using the sometsuke process, to gorgeously colored, richly ornamented items. Arita also produces the world-famous style known as Kakiemon. From a shrine gateway tiled in porcelain to walls of old kiln bricks, a visitor will see reminders of Arita's proud past everywhere.	
	Leading-Edge Desalination Technology 世界に誇る淡水化技術	4'06"	In Japan's modern water-purification facilities, leading-edge technology converts seawater into drinking water. The secret is ultra-thin membranes wound in many layers. These Japanese developed membranes are finer than any other, able to block 99.8 percent of all viruses, chemicals, organisms and even ions. Supplying 70% of membranes used in water treatment plants worldwide, Japanese technology is helping to solve the global water shortage.	
	Wadaiko Drumming 和太鼓	3'23"	Producing a powerful sound that resonates throughout the whole body, wadaiko drums have been an important part of Japanese culture since ancient times. A mainstay of traditional Japanese music, wadaiko are also sacred instruments in Shinto and Buddhism. Today, the wadaiko is known worldwide thanks to a number of famous professional groups who are interpreting this traditional instrument in fresh and unique ways.	
11/12 No8	Meiji Jingu – A Tokyo Oasis 都会のオアシス明治神宮の杜	3'56"	An oasis of green deep in the heart of the Tokyo megalopolis. The Meiji Jingu Shrine, located near the fashion districts of Omotesando and Harajuku, has over 170,000 trees in its 700,000 m2 grounds. These woods, originally planted by hand, have grown into a natural forest environment. A wonderful spot to relax among greenery, it's popular with tourists as well as Tokyo locals, and with five nearby stations couldn't be easier to get to.	DVD
	Amezaiku Candy Sculpture あめ細工	4'50"	In this traditional street stall skill, the artist works swiftly, squeezing, stretching, twisting and cutting the candy with bare hands before it cools and hardens. In just three minutes, a tiny, lifelike – and edible – sculpture is born. It takes many years of practice to become a good amezaiku artist, able to craft any shape a customer orders – even recognizable portraits. Young and old love to watch them at work, before enjoying the resulting candy.	
	Saving Energy with Sensors 省エネに役立つセンサー技術	4'34"	Japan is home to some of the most advanced infrared and ultrasonic sensor technology, producing 70% of the world's sensors. Sensors play a vital role in energy-saving, preventing waste in everything from escalators to microwaves. Used in automatic taps, they reduce wasted water too. Now often combined with other technologies, sensors continue to evolve and change our world, and Japanese technology leads the way.	
	Kyo Yuzen Kimono Dyeing 京友禪	4'20"	Kyo Yuzen is a famous traditional kimono dyeing technique from Kyoto. It is notable for the beauty of the elaborate and colorful scenes from nature, often of flowers and birds, that are used to decorate the kimono fabric. This method requires a great many processes to complete a single piece, each being done by a separate specialist artisan. With a history of over 300 years, Kyo Yuzen is as popular as ever today.	
2011	Topic	Length	Description	

11/12 No7	Gokayama's Thatched Farmhouses 五箇山 合掌造り集落	5'00"	The mountain village of Gokayama lies in a region of heavy snows. To counter this, a special kind of thatched roof design developed here. Gokayama was made a World Heritage Site because of the beauty of this gassho-zukuri architecture, and its perfect preserved view of old Japan. The village is also famous for traditional folk arts, including dance, handicrafts, unique musical instruments and some of Japan's oldest folk music.	DVD
	Another Taste of Japan 鉄板で作る小麦粉料理	3'23"	A whole style of cooking, very popular in Japan, uses a base of batter cooked on an iron griddle. The best known of these dishes is okonomiyaki, in which a batter mix made from flour and dashi stock is cooked together with vegetables, meat or fish and then given a coating of thick sauce. 500 years ago it was a simple recipe – today many different ingredients are used. Other delicious dishes in this style are monjayaki and takoyaki.	
	Stronger and Lighter than Steel 日本の炭素繊維技術	3'30"	Japan leads the world in cutting-edge carbon fiber technology, and has developed reinforced fibers so strong that they can now be used to construct every part of an aircraft, tail, wings and fuselage. Because these materials are lighter as well as stronger than metal, flight distances can be 1.3 times greater. High-quality Japanese carbon fiber now accounts for 70% of world production, and demand continues to increase.	
	Maki-e – Gold on Lacquer 蒔絵	4'51"	Since ancient times, the Japanese have been fond of lacquer, especially for furniture and eating utensils. Many of these items are gorgeously decorated using a unique Japanese technique for applying gold dust called maki-e. By using dust rather than foil, the designs can be painted on the lacquer in much finer detail. The beauty of maki-e is widely admired, although it takes many years for an artisan to master this skill.	
11/12 No6	Niihama Taiko Festival 新居浜太鼓祭り	4'50"	The city of Niihama in Ehime Prefecture developed along with the Besshi Copper Mine, which played a significant role in 19th-century Japan's industrialization, and which today is an industrial city with many chemicals and machinery factories. Every year in October, the city holds the Niihama Taiko Festival, a magnificently spectacular event with a long tradition and history behind it.	DVD
	Japanese Rice Snacks 日本の米菓	3'46"	The Japanese enjoy an enormous variety of food products that use rice as their raw material. There are mochi rice cakes and dango dumplings, and recently even rice bread. But perhaps the oldest and best loved of rice snacks are the crackers known as senbei. These crisp, crunchy crackers are traditionally round and flavored with soy sauce, but they are also made in many other shapes and flavors.	
	Shaping Our World with Plastics 日本の合成樹脂	3'42"	Japan has many unique technologies for mixing and processing synthetic resins. Ears, arms, fingers and other prosthetic body parts are made ultra-lifelike using multiple types of resin, while innovative methods for resin mixing and coloring produce the realistic model dishes displayed outside restaurants. There is a worldwide demand for the high quality products made using these unique technologies, which can even create resins harder than steel. They can also combine durability with crystal clear transparency, and most large aquarium tanks worldwide are Japanese-made.	
	The Puppet Art of Bunraku 人形浄瑠璃文楽	4'44"	The history of Bunraku began when a traditional performing art called Joruri, where the story was told through chanting and shamisen music, was enhanced by the addition of puppets. Bunraku is unique among the puppet theaters of the world in that each puppet is controlled by a team of three puppeteers, a method that produces an amazingly lifelike effect. Bunraku remains popular with modern audiences, and is listed by UNESCO as an Intangible Cultural Heritage, along with Japan's other theatrical traditions of Kabuki and Noh.	
	Solar Power in Japan 日本の太陽光発電	3'50"	Solar power is widely and increasingly used in Japan in power stations and public facilities, and its advanced technology has given Japan an almost 25% world share in solar generating equipment. High energy conversion solar panel systems are installed on many private homes, and new household-use, high-capacity lithium storage batteries now allow energy generated in daytime to power homes at night. Semi-transparent solar panels provide illumination as well as generating power, eliminating a common problem of overhead panels blocking sunlight. New panels use lenses to multiply solar power conversion efficiency three to four times. Japanese research continues to improve solar technology, lowering costs and increasing generating capacity.	

11/12 No5	Ise-Shima – Ancient Shrines and Pearls 伊勢志摩	5'20"	Sited at the heart of Japan, the beautiful coast of the Ise-Shima peninsula is a famous tourist destination, attracting 10 million visitors every year. Over 80% of them come to visit the 1,800-year old Ise Jingu, Japan's most important Shinto Shrine. Through all those centuries, believers never ceased to travel from all over the nation to Ise to give thanks to the kami, or deities, enshrined here. The Ise-Shima coast is also famous for its abundant marine life, and this area was the birthplace of the world's cultured pearl industry. You can still see the traditional women divers, who gather shellfish from the sea bed using no breathing equipment.	DVD
	Stationery Moves with the Times 進化する日本の文房具	4'48"	Japanese stationery products are known the world over for their ingenious design and for their practicality. For example, scissors fitted with a special cap to make them safer to handle, and an environmentally-friendly stapler that doesn't actually use staples. Very popular among collectors is the vast range of erasers that are perfect replicas – just 3 cm in size – of animals, foods and almost any object you could imagine. Such ideas could only be born in Japan, with its long tradition of meticulous miniature craftsmanship. At the other end of the scale, we also see cutting-edge high-tech stationery such as a ball point pen using ink that can be erased using only friction.	
	The Ukiyoe Tradition 浮世絵	4'49"	Ukiyoe is a genre of Japanese popular art dating back to the late 17th century that mostly depicts scenes from daily life or seasonal motifs. Whether hand painted or woodblock printed, ukiyoe is distinguished by bold, dramatic designs and vibrant colors. These prints are known and loved worldwide, and right from the start had a deep influence on artists in many countries. Ukiyoe prints are made by a sophisticated work-sharing process in which each print passes through the hands of three highly skilled artisans: an artist, a woodcarver and a printer.	
11/12 東北 特集 Tohoku Selection No4	A Festival of Festivals Tohoku Rokkon Sai 東北六魂祭	4'21"	Held in Sendai, the biggest city of the Tohoku region, the Tohoku Rokkon Sai is an event showcasing the region's six most famous festivals. This region was the area worst hit by the Great East Japan Earthquake of March, 2011, and the new event was planned to revive the spirits of the people, help them overcome the effects of the disaster, and show the rest of Japan and the world that Tohoku is as exciting and dynamic as ever. The featured festivals are Nebuta (Aomori), Kanto (Akita), Sansa (Morioka), Hanagasa (Yamagata), Waraji (Fukushima), and Tanabata (Sendai).	DVD
	800 Years of Tradition Aizu Tajima Gion Festival 会津田島祇園祭	4'12"	With a history going back over 800 years, this is one of the great summer events in Tohoku's Fukushima Prefecture, and one of the most famous of Japan's Gion festivals. The daytime part includes a parade of about 30 women dressed in gorgeous bridal kimonos carrying traditional offerings to the local shrine. At night, there is a parade of huge floats that stop at various points to act as stages for kabuki performances. The kabuki actors are children, and each time the floats move on, children from the audience ride along, chanting encouragement to the teams of haulers.	
	Showcasing Tohoku Dance Kitakami Michinoku Geino Festival 北上みちのく芸能まつり	3'43"	Each year in early August, a festival of Tohoku regional performing arts is held in Kitakami, Iwate Prefecture. The whole town becomes a stage for a wide variety of traditional dances from all over the region, performed in Kitakami's shrines, department stores, plazas and parks. About 120 groups took part in the festival this year, held in the aftermath of the disaster that devastated this region. Lively performances were provided by dancers from Tohoku and beyond, including groups from towns and villages destroyed by the earthquake and tsunami.	
	Festival on Matsushima Bay Shiogama Minato Festival 塩竈みなと祭	4'23"	This festival was started after the second world war to pray for divine protection and inspiration as the people of the region struggled through the post-war reconstruction period. Deities from the two hilltop Shiogama and Shiwahiko Shrines are carried in procession in two mikoshi portable shrines to the harbor. Each mikoshi is then placed on its own special ship which sails around scenic Matsushima Bay, accompanied by dozens of fishing boats. The festival takes on a special significance this year, as the region once again faces the difficult task of reconstruction.	
11/12 東北 特集	Hiraizumi – Once Again a Beacon of Hope 平泉 - 復興への希望の光	4'41"	Located in a fertile plain by the Kitakamigawa River, Hiraizumi became the political and cultural center of the Tohoku region in the 11th and 12th centuries, after the end of a period of civil war. The unique culture of its golden age was fostered by the ruling Oshu Fujiwara clan, who ordered the construction of many temples and gardens embodying the Buddhist concept of the Pure Land paradise. Many of these 12 century masterpieces have survived to this day, most notably Chuson-ji Temple with its Golden Hall and Motsu-ji Temple with its famous Pure Land garden. Magnificent representations of this Buddhist Pure Land concept, the gardens and temples of Hiraizumi are now a World Heritage site.	DVD
	Fukushima's World-leading Aluminum Technology 世界に誇るアルミニウム加工技術	4'04"	The small city of Shirakawa, in Fukushima, is home to some of the world's most advanced aluminum processing plants. One of these produces the world's most precise aluminum tubing using its own specialist drawing technology. The plant makes its own dies to draw the raw stock aluminum tube and achieve an incredible, almost distortion free precision of 1/100 mm. These finished tubes are used to manufacture precision parts such as camera lens rings and high-speed train doors. The tubes are the key to an Antarctic scientific drilling project now bringing up 800,000-year old ice samples from depths of over 3000 m in order to study climate change. These Fukushima plants have bounced back from the recent disaster and continue to keep global industry supplied with irreplaceable specialist parts.	

Tohoku Selection No3	The Magnificent Wooden Chests of Sendai 仙台箆笥	5'15"	Sendai City in Miyagi, one of the areas of Tohoku hard hit by the Great East Japan Earthquake, is home to a famous craft tradition with a history going back over one hundred years. This is the craft of making Sendai Tansu chests. Made from especially beautiful and durable wood, these chests are treated with a complex lacquering process that allows the grain to shine through, and decorated with fine ironwork fittings. Some of these artisans lost their tools and workshops in the tsunami but, typical of the resilient people of this region, they have overcome the disaster and work on, powered by a determination to keep their family craft traditions alive for future generations.	DVD
	Keeping the Auto Industry on the Road 自動車部品工場と高速道路	5'05"	The huge earthquake that devastated the Tohoku Region in March seriously affected the auto industry, which relies on many specialist component manufacturing plants located in this part of Japan. Most recovered rapidly and are now back in production, including a small manufacturer of extremely precise metal dies. This technology, with a product reject rate of less than 1%, is used to manufacture the high accuracy components required by automakers around the world. The expressway system, depended on by manufacturers for distribution, also recovered quickly - Japan's road engineers had 90% of the stricken highways open for traffic again just 13 days after the earthquake. The speedy response depended on knowhow and techniques employed and polished every day by the	
11/12 東北 特集 Tohoku Selection	Miyagi-Where the Samurai Spirit Lingers (Miyagi) 宮城観光(宮城県)	5'40"	Miyagi Prefecture in northeast Japan still has the flavor of the samurai culture that flourished here 400 years ago. Visit Sendai city, and the beautiful islands of Matsushima for a taste of ancient Japan.	DVD
	Lacquer Reborn(Fukushima) 蘇る漆(福島県)	3'24"	Japanese lacquerware has been famous for centuries, and the skills of Japan's artisans are unmatched. In response to a decline in the use of this beautiful traditional material due to the westernizing of Japanese lifestyles, various projects have successfully sought to make lacquer usable on a wider range of modern materials, like metal, plastics and glass. Old lacquer coating techniques have also proved ideal for many new applications.	
	Hiraizumi - Glories of Long Ago (Iwate) 平泉(岩手県)	4'40"	Hiraizumi is where Basho wrote his famous poem about summer grass - all that remains of warriors' dreams. In the 11th and 12th centuries, the Fujiwara clan built a vast city here, with a culture that rivaled far distant Kyoto. But the Fujiwara were destroyed and their city leveled. The only building left from that period is the fabulous Konjikido Golden Hall. Otherwise, Hiraizumi is now a small town with relics and memories of greatness, set among magnificent scenery.	
	Nambu-tekki Cast Ironware (Iwate) 南部鉄器(岩手県)	3'51"	Morioka is located near rich deposits of iron ore, and has been famous for its specialist ironware industry since the mid 17th century. The city became known for nambu-tekki - a style of cast iron kettles and tea pots that combine delicate beauty and robust solidity. The good looks and practicality of this ironware method led to its adoption for a range of practical cooking utensils, and the modern version of this old craft method is also widely popular for ornamentation and interior design.	
	Lakes of Many Colors (Fukushima) 秋の五色沼(福島県)	3'44"	The area of Urabandai, on the northern side of Mt. Bandai in Fukushima Prefecture, has over 300 lakes and ponds. By late October, the forests covering the lakesides and mountain slopes begin to change color in a beautiful, many-hued spectacle. The most unique sight is the group of lakes called Goshiki-numa, each lake having its own distinctive color. These mysterious lakes are even more magnificent in autumn, when they reflect the red and gold leaves.	
11/12 No2	Takachiho - Land of Legends 神秘の里・高千穂	4'45"	Takachiho, a small town in the mountains of northern Miyazaki, is the legendary home of some of Japan's most ancient myths. The landscape around Takachiho is filled with sacred spots, the best known being Gokase-gawa Gorge, a mysteriously beautiful ravine of sheer volcanic cliffs cutting through deep forest. Performed in Takachiho for over 800 years, the Kagura dance portrays the stories of the old gods, backed by the music of traditional drums and flutes.	DVD
	Walking on Wood 日本の履物 草履と下駄	4'03"	Zori and geta are two traditional kinds of Japanese footwear that are still popular and widely worn today. Since they don't enclose or restrict the feet, these sandals keep feet healthy and free from perspiration and various ailments like corns. Both styles are made in a wide variety of materials and designs, and geta in particular are often crafted by artisans and beautifully decorated using traditional methods such as lacquer and gold ornamentation.	

	Flea Markets for Fun 楽しさいっぱい！日本のフリマ	4'06"	In a recent new fashion style, young Japanese are remaking and redesigning store-bought clothing to reflect their own personal tastes and to project an image that's unique to each wearer. They use both purpose-made decorations and accessories and any everyday objects that happen to seize their fancy, sewing or sticking them to store-bought garments. Limited only by your imagination, it's an inexpensive and easy way to transform your appearance with clothes that are absolutely one of a kind.	
	Technology Inspired by Tradition 京都発 先端技術と職人技	4'25"	Many of the electronic components at the heart of modern appliances are developed in Japan, and one of the most essential uses technology inspired by a traditional handicraft. Japanese companies have the world top share in ceramic capacitors thanks to a technique from Kiyomizu-yaki, a centuries-old Kyoto ceramic tradition. We also see how traditional methods for making ultra-thin decorative gold foil have made printed circuit board manufacture more efficient.	
11/12 No1	The Colorful World of Bentobako 進化する弁当箱	4'17"	bentobako, the special containers for carrying these meals, also play a significant role in Japanese culture. Historically, they were made of wood, often lacquered. Today, bentobako are made of metal (meals cooked and packed for convenient carrying) are an old tradition in Japan. And e in a variety of materials and in a huge range of designs aimed at offering greater functionality. A blend of traditional wisdom and ingenious technology, bentobako ensure that meals stay fresh and delicious, even after being carried for long periods.	DVD
	Miniaturizing Medicine 医療を支えるミクロの技術	4'35"	Leading edge micro-technology is now widely used in the medical field, and many innovative developments are coming from small Japanese factories. These include the world's thinnest hypodermic needle (0.2mm) and ultra-compact medical light bulbs just 5mm across. Thanks to the vastly increased power of recently developed Japanese microscopes, surgeons are now able to operate on blood vessels as thin as 0.5mm. And robots just one millionth of a mm long allow researchers to study even single cells.	
	Experimenting with Fashion ニュー・リメイク・ファッション	3'58"	In a recent new fashion style, young Japanese are remaking and redesigning store-bought clothing to reflect their own personal tastes and to project an image that's unique to each wearer. They use both purpose-made decorations and accessories and any everyday objects that happen to seize their fancy, sewing or sticking them to store-bought garments. Limited only by your imagination, it's an inexpensive and easy way to transform your appearance with clothes that are absolutely one of a kind.	
	Miyajima - Island Shrine to Nature 宮島 - 自然と共存する神の島	4'05"	The island of Miyajima lies in the Seto Inland Sea, near Hiroshima. The entire wooded island, 30 kilometers around, stands as a shrine symbolizing reverence for nature. The 1,400-year old shrine is built over the water and seems to float against a backdrop of green mountain. Each April over 400 Noh performers gather here from all over Japan for a special sacred event. The sense that they are performing in the midst of nature is especially intense at high tide, when the sea rises almost to the level of the shrine's Noh stage.	
10/11 No9	Izu -Paradise of Flowers	4'02"	The entrance to the Izu Peninsula is an easy one hour train ride from Tokyo. Tourists flock here for Izu's year-round mild climate, magnificent coastline and famous hot springs. The most popular destinations are the spots where many flowers bloom simultaneously in February - you can see plum, camellia, cherry, daffodil and rape blossoms. Plum and cherry blossoms flower earlier here than anywhere else in Japan, and early spring on the Izu coast is a picturesque sight.	DVD
	Snow and Hemp in Ojima	3'49"	Ojima chijimi is a woven fabric that has been produced in Ojima, in Niigata Prefecture, for about 350 years. In this snowy area, weavers discovered that they could bleach their fabric to a distinctive hue by laying it out on the winter snow. They use a local variety of hemp called choma which is very absorbent and dries quickly. In combination with a special crimping technique to produce linen crepe, this makes a comfortable fabric that's ideal for summer kimonos. Hand woven on unique looms, these fabrics also feature very beautiful patterns.	
	Leave it All to the Movers	3'58"	Japan's home moving companies provide a service that's unrivaled for reliability and comprehensiveness. You don't need to make any preparations at all - from packing to unpacking, the movers will handle it all. Special packing materials protect fragile items like crockery, and prevent creases in clothing. Everything is unpacked at your new home and placed precisely where you're used to having it - you simply resume life with no interruption. This service is so complete that they even clean your home before they leave.	

	Hina-Ningyo Dolls	4'14"	Hina-Ningyo are dolls are dressed in the gorgeous costumes of Japan's 11th century court nobility. It's an ancient belief in Japan that dolls can absorb evil and misfortune, and in the Hina Matsuri (March 3rd) dolls are displayed to pray for young girls' health. Hina-Ningyo dolls come in many varieties, all with individual, distinctive faces. At the top of the stepped display sit emperor and empress dolls, backed by a gold or richly decorated screen. The number of steps varies, but a fine seven-step display has 15 dolls, including three court ladies and five musicians.	
10/11 No8	Japan's high-speed rail system	5'22"	Japan's high-speed rail network began in 1964 with the launch of the Shinkansen Bullet Train, at the time the world's fastest. The network now has over 2,000 km of track and links all the nation's regions. The trains too have continued to evolve, becoming faster, more comfortable and quieter. The latest in this evolution is the Hayabusa, a new design that debuted on the Tohoku Shinkansen route in March, 2011, with a maximum operating speed of 320 km/h.	DVD
	Matsue – the water city	4'09"	Matsue City in Shimane Prefecture grew up around the castle built in 1611, and it still retains much of the look of that old period. Rivers and waterways crisscross the city, giving it much of its beauty, and a riverboat tour is by far the best way to enjoy the sights of old Matsue. Boats operate all year round, with old-style charcoal heaters to ward off the winter chill. Another popular boat tour is on Lake Shinji, to the west of the city, to watch the spectacular sunsets.	
	Speedy and safe – Japan's egg technology	3'04"	In Japan, highly advanced, computerized technology carries eggs from hen to shop. At the processing plant, eggs are first cleaned and externally sterilized with boiling ozonated water. Then come a series of computer controlled inspections for surface dirt, shell cracks and internal defects. Computerized conveyor belt systems clean, check and package about 120,000 eggs per hour with such high levels of hygiene that it's always safe to eat Japanese eggs uncooked.	
	Artful gift wrapping	3'32"	Origami is a traditional art of folding Japanese washi paper to wrap gifts and make decorations for ceremonial events. The essence of this art is to show respect and consideration for the recipient of the gift, so the paper is always folded for easy opening and arranged to indicate what its contents are. Many levels of meaning can be expressed through this artistic folding of white sheets of paper, and origami is a tradition that's alive and well in Japan today.	
	Azuki – the versatile little red bean	3'32"	Small red azuki beans are often eaten in Japan on auspicious occasions. They are mixed with sticky rice to form sekihan, eaten in miso soup, and boiled with sugar to make anko bean paste. As the base material of wagashi Japanese confectionery, anko adds protein and fiber to an enormous range of beautiful looking, healthy sweets. This little red bean is found at the heart of many uniquely Japanese dishes and confectioneries.	
10/11 No7	Wajima-nuri lacquerware	4'22"	Of all traditional Japanese lacquerware, that made in Wajima City, Ishikawa, is famous for its special combination of fine decoration with the strength to endure many years of use. Over 20 different processes go into the making of a single piece, each handled by its own specialist artisan. Unique techniques for reinforcement and for delicate gold leaf and powder ornamentation are the hallmarks of a lacquer tradition much loved both for its beauty and its practicality.	DVD
	Lighting up the night in Arashiyama	3'26"	One of Kyoto's best-known tourist spots, this area of picturesque scenery, ancient shrines and temples is transformed each December by nighttime illuminations. The beauty of Togetsukyo Bridge and the bamboo forest walk become even more magical, lit by electricity generated hydraulically from the river and from solar panels. Streets lined with andon lanterns also feature ikebana flower displays, while illuminated temple buildings and gardens shine magnificently among the surrounding darkness. It's a time of year when the nights of this scenic area are just as entrancing as the days.	
	Fine marquetry from Hakone	3'52"	The Hakone Yosegi-zaiiku marquetry craft tradition, featuring complex geometrical patterns formed using the natural colors of different types of wood, began about 200 years ago in Hakone, a forested area containing many tree species. Several types of wood are cut and glued into a solid block so that a pattern runs all the way through it. Thin veneers shaved off this block are used to decorate products ranging from jewelry cases to chests and trays. Hakone Yosegi-zaiiku ware is also famous for intricate secret puzzle boxes.	

	A cascade of chrysanthemums	3'23"	Autumn is chrysanthemum season in Japan, and flower shows are held all over the country, where you can see an enormous variety of displays, from plants with giant blossoms over 20 cm across to huge cascades with up to 2,000 blossoms all growing on the same stem. The Japanese have been refining their chrysanthemum growing skills for almost 200 years, and today techniques like night time greenhouse lighting can control flower growth so that hundreds or even thousands of flowers will bloom at exactly the same time.	
2010		Length	Description	
10/11 No6	Lakes of Many Colors	3'44"	The area of Urabandai, on the northern side of Mt. Bandai in Fukushima Prefecture, has over 300 lakes and ponds. By late October, the forests covering the lakesides and mountain slopes begin to change color in a beautiful, many-hued spectacle. The most unique sight is the group of lakes called Goshikiuma, each lake having its own distinctive color. These mysterious lakes are even more magnificent in autumn, when they reflect the red and gold leaves.	DVD
	Safe Water from Every Tap	3'47"	In virtually every home throughout Japan, you can safely drink the water straight from the tap. The water supply technology that ensures this is globally among the best, and the Tokyo water system is renowned for having by far the world's lowest rate of leakage from its pipes. Japan's water supply is made so efficient by a combination of highly advanced water treatment, superior leakage detection techniques and a highly effective management system.	
	Tsumami Kanzashi Hair Ornaments	3'07"	Kanzashi are ornaments used by Japanese women to fasten their hair when wearing kimono. First becoming widely popular in the late 17th century, the designs and techniques for making them have since undergone centuries of refinement. The most complex and colorful type, known as tsumami kanzashi, uses tiny folded squares of very thin silk to create flowers and other natural designs portraying Japanese seasonal themes. This beautiful and highly developed craft continues to flourish today.	
	Karatsu Kunchi Festival	3'57"	Karatsu Kunchi is the autumn festival of Karatsu Shrine, held annually from November 2nd to 4th in Karatsu City, Saga Prefecture. At the center of the festival are 14 large gorgeously lacquered and decorated floats. Works of great artistic value, these floats were all hand-crafted between 1819 and 1876. The festival, a thanksgiving for both harvests and business success, features processions snaking through the streets with teams of townspeople heroically hauling their 2-ton floats, sometimes at considerable speed.	
10/11 No5	Onigiri – rice to go	3'23"	Rice is the staple food of the Japanese, and it's prepared in many ways, including the easily portable style known as onigiri. The Japonica variety of rice grown in Japan becomes sticky and soft when cooked, making it ideal for shaping by hand into onigiri. Long-lasting and delicious, onigiri comes in many flavors and is very popular for eating at lunch or carrying on picnics.	DVD
	When lacquer meets deerskin	3'55"	Inden is a world-renowned type of luxury leather ware developed in Yamanashi Prefecture in the 17th century. It is mostly used to make items like bags and wallets. There are three Inden techniques: Urushi-tsuke, Sarasa and Fusube. In the Urushi-tsuke technique, lacquered designs are applied to dyed deerskin. Its special feature is the way the lacquer pattern stands out in relief. Sarasa is a technique for applying multiple colors and complex patterns. The Fusube technique creates patterns by smoking. The deerskin is stretched over a special rotating drum, and the designs are created by winding string around it. Recently, beautiful new designs are being created by combining these techniques and	

	Electric vehicles hit the streets	3'40"	Initiatives aimed at environmental issues are progressing in many countries, and among these, several kinds of eco-car have been developed. Now, Japan's major automakers are launching a constant stream of electric-powered vehicles. Technology developed by Japanese enterprises such as better batteries is making a major contribution. This video introduces the electric cars and scooters now being widely adopted in Japan, and which are seen as the next generation of transportation.	
	Owara Kaze no Bon Festival	4'05"	The Owara Kaze no Bon Festival is a folk music and dance event that takes place every year from September 1st to 3rd in Yatsuo-machi, Toyama City, Toyama Prefecture. It is said to have begun 300 years ago. The male dancers wear happi coats, while the females wear yukata with black sashes and braided straw hats. Since this is a festival to pray for good harvests, the dances represent farming activities. The attraction of this festival is the sight of the slow, elegant dance as it passes through the streets of this old town, accompanied by the Owara Bushi folk music which is characterized by the distinctive tones of the	
10/11 No4	The Dinosaurs of Katsuyama	3'42"	Almost 80 percent of all dinosaur fossils discovered in Japan have been found in the area around Katsuyama City, in Fukui Prefecture, a highly scenic area that shows the remains of volcanic activity and ancient geological upheavals. Dinosaur fossils unique to Fukui are displayed in the Fukui Prefectural Dinosaur Museum along with many other exhibits, ranging from over 40 impressive reconstructed dinosaur skeletons to the exactly preserved remains of a Camarasaurus - a specimen of world-class importance. The museum also has a huge animated robot Tyrannosaurus Rex. Another local attraction is the nearby	DVD
	Tokyo's New Green Heart	5'00"	At the center of Tokyo, the three adjoining districts of Otemachi, Marunouchi and Yurakucho form the cultural and economic heart of Japan and are now the site of a major initiative in sustainable urban redevelopment. The redevelopment project has included measures such as centralized area heating and cooling systems to save energy and reduce carbon dioxide emissions, routes designed to control air temperatures by guiding cooling winds through the area, and street surfaces that retain water. This ongoing experiment is creating a green city where economic activity can thrive in harmony with a healthy environment.	
	Ishiakari Stone Lanterns	4'06"	The fine quality granite known as Aji-ishi has been mined in the area around Takamatsu City in Kagawa prefecture for about 1,000 years. When Aji-ishi is polished it takes on a beautiful glaze, revealing a surface covered with a unique pattern of dark and light spots. As hard as quartz and difficult to work, it can however be carved with fine details without fear of chipping or breaking. The many properties of Aji-ishi have made it popular with modern interior designers. Each summer, Takamatsu's traditional stonemasons compete to create the best	
10/11 No2	Wasabi	3'25"	As indicated by its scientific name - Wasabia japonica - wasabi originates in Japan. Not just anywhere in Japan - this sensitive plant requires constant pure water in mountainous environments that stay cool and mild all year round. This hot spicy root first became popular in Japanese cuisine 200 years ago, along with the habit of eating raw fish as sushi. As well as adding a pungent, spicy taste, wasabi is an anti-bacterial that protects against food poisoning. The world knows grated wasabi root from sushi, but the stems and leaves are also used in	DVD
	Rebun - Island of Flowers	4'23"	The small island of Rebun split off from the mainland of Hokkaido after the last ice age. Isolation protected its unique environment and allowed the local plants to flourish undisturbed by invasive species. A northerly location and frequent sea mists keep temperatures low even in midsummer, and as a result, this low-lying island is home to many alpine flowers normally only found above 2000m. Take the hiking trail in summer from Cape Sukoton in the north to Momoiwa in the south, and you can enjoy up to 300 species of alpine plants, many of them found nowhere else in the world.	
	Japan's Advanced Vending Machines	3'53"	There are probably more vending machines on the streets of Japan than anywhere else, selling an ever wider range of items. New technology keeps adding more convenience, such as machines serving both hot and cold drinks, varied to match seasonal needs. Choose your type of coffee, cup size, cream and sugar amounts - and watch your cup being brewed on an eye-level monitor. Internal elevators improve accessibility by delivering purchases at a convenient height. And because these machines are everywhere, they make a useful place to provide emergency medical or survival equipment.	
	Tenugui - The Handy Cloth	3'46"	Used for centuries as an all-purpose hand cloth, the tenugui is a 90 by 35cm strip of unhemmed cotton, usually printed in a colorful pattern. In the 17th century, in a fashion started by kabuki actors, people began also wearing tenugui as a stylish head covering, inspiring the vast range of patterns and motifs we can buy today. At any shrine festival or traditional event, you can see people wearing these head cloths just the way they did in the 17th century. The versatile tenugui is still in common use in roles as varied as dishcloths, dust covers, wall hangings, tablecloths and tourist souvenirs.	

10/11 No1	Kakunodate – Sakura and Samurai	3'40"	Kakunodate is a small town in the northwest of Japan, famous for its magnificent cherry trees and samurai era architecture. After Kakunodate castle was built in 1620, a whole district grew around it containing the fine mansions of the samurai who served its lord. The wife of an early lord brought cherry seeds from Kyoto to plant, and 400 ancient weeping cherry trees still ornament the samurai residential district. These, and the 2-kilometers of somei yoshino cherries lining the riverbank, now attract over a million visitors each spring.	DVD
	Designed for Universal Use	3'57"	Universal Design is a design philosophy that aims to create products and environments that are easy and safe to use by everyone, especially the young, the elderly and people with disabilities. Japanese designers, who must cope with the world's most rapidly aging population, bring a special perspective and experience to this worldwide movement. Throughout Japan, household items, interiors, public facilities and even entire towns are now being redesigned to make them safe and easier to use by the entire population.	
	A Tradition of Fine Blades	3'54"	Japanese cuisine is famous for subtle tastes and visual appeal, and these depend greatly on the hocho - the Japanese kitchen knife. Samurai swords are world-renowned, and many hocho are forged using the same traditional materials and methods. They are solid, with a superb cutting edge - qualities essential for preparing sushi or sashimi to retain the natural flavor and texture, and to cut delicate food into precise shapes. Hocho come in a vast number of different types and sizes, each designed for a different function and food type.	
	Edo Period Puppet Theater	4'06"	In 1635, the shogunate government licensed just five theaters to operate in Edo, the capital city. Some, like the Kabuki, remain famous to this day. Also surviving, but far less well known, is the puppet theater called Edo Ito Ayatsuri Ningyo. These marionettes are constructed and operated in a unique way that allows them to express human emotions far more realistically than any other puppets. Modern and even foreign plays have been added to the classical repertoire, but the traditional techniques are still carefully preserved.	
09/10 No9 Mar '10	Mount Fuji in Winter	3'59"	Mount Fuji, Japan's tallest and most famous mountain, towers above a scenic region of lakes and highlands that is just 1 1/2 hours drive from Tokyo. In summer, people come from all over to scale this beautiful peak, but the scenery around its base attracts visitors all year round. Winter attractions include views of the snow covered summit reflected in the lakes, horseback trekking through snow-covered woods, illuminated ice caves and spectacular lakeside fireworks events.	DVD
	Yusan-bako Picnic Boxes	2'50"	The yusan bako picnic box is a traditional handicraft product from Tokushima, where, from the 17th century until recently, there was a unique local custom for all the local children to go on a Spring picnic outing where no adults were allowed. Parents showed trust in their children's independence by sending them off alone on this picnic, proudly carrying food prepared by their mothers in these finely decorated 3-tiered picnic boxes. The special picnic no longer exists, but yusan bako are still a popular Tokushima souvenir.	
	New Ways to Use Cardboard	4'08"	Light, easy to work and surprisingly strong, cardboard is one of the most common kinds of packaging material. Computer design has now taken the simple cardboard container to a new level, making it possible to produce both the box and the shaped protective liners to secure the contents out of a single cut and folded sheet of cardboard. Today's designers are also being inspired by the strength and easy workability of this material to create a surprisingly diverse range of products, from furniture to toys and playground equipment.	
	Kariwano's Giant Tug-of-war	4'33"	For 500 years, Kariwano in Akita has held a famous festival that pits the town's two neighborhoods against each other in a spectacular tug of war where chanting teams haul on a massive straw rope that's 72 cm thick, weighs 20 tons, and stretches a full 120 m when laid out. The O-Tsunahiki festival is a religious ritual that begins with special rites at the town's Shinto shrine, and tradition has it that a win by the young men of the upper part of town means better prices for rice, while a win for the lower part means a fine harvest.	
	Nambu-tekki Cast Ironware	3'51"	Morioka is located near rich deposits of iron ore, and has been famous for its specialist ironware industry since the mid 17th century. The city became known for nambu-tekki – a style of cast iron kettles and tea pots that combine delicate beauty and robust solidity. The good looks and practicality of this ironware method led to its adoption for a range of practical cooking utensils, and the modern version of this old craft method is also widely popular for ornamentation and interior design.	

09/10 No8 Feb '10	Winter Train to Tsugaru	4'40"	The Tsugaru region in the far north of Japan's main island is a remote area with its own unique culture and history, including the Tsugaru-jamisen, a type of shamisen played in a vigorously distinctive style. Tsugaru's winters are icy cold but also extremely beautiful, and a fine way to travel through this snow-covered landscape is by the special winter season train run by the Tsugaru Railway. Antique carriages featuring old-fashioned pot-belly stoves will carry you snugly on a route that links Tsugaru's major sights.	DVD
	Jomon Art – Ancient yet Modern	4'05"	Some of the oldest pottery vessels in the world have been found in Japan, dating to what is called the Jomon Period, from around 16,500 to 3,000 years ago. "Jomon" means straw rope pattern – the method used to decorate these pots. As they turned from a nomadic to a semi-sedentary life, the Jomon people began producing increasingly sophisticated pottery, including human and animal figures. Jomon art has a striking and timeless beauty that continues to inspire modern Japanese artists.	
	Kendo – A Sport for Mind and Body	3'37"	The popular sport of Kendo originated in sword training methods developed about 300 years ago. The samurai invented ways to safely hone their sword skills by sparring with special bamboo sticks. In today's sport, competitors wearing protective clothing try to strike specified areas of their opponent's head and body to score points. Kendo's rigorous, training of physical techniques and the calm quickness of mind needed for combat remain an excellent way to develop a strong spirit in a strong mind.	
09/10 No7 Jan '10	The Miniature Appeal of Netsuke	3'51"	Most Japanese have a small ornament hanging from their cellphone strap. This modern trend is in fact an old tradition, originating in 17th century netsuke - tiny toggles used to secure pouches or boxes to kimono sashes. At first these were functional objects, necessary to carry items on a pocketless kimono, but custom designs became fashionable and antique netsuke are highly valued for their artistic beauty. Modern netsuke designers continue to find new uses for this old idea.	DVD
	Nature's Beauty at Lake Akan	3'51"	Lake Akan, in eastern Hokkaido, is a beautiful lake set among mountains and primeval forest that has become a popular year-round leisure destination. One unusual pastime is to sit in tents to fish through holes in the ice when the lake freezes in winter. This also the home of unusual green spheres of algae called marimo. Formed by the rare conditions in the lake, marimo found here are larger than anywhere else in the world. A festival at the lakeside town features songs and dances in praise of nature by the local Ainu people.	
	Keeping Frozen Cells Alive – CAS	3'30"	CAS stands for Cells Alive System, a revolutionary freezing technology that's now practically available. CAS freezes without destroying cellular structure - CAS frozen flowers will even begin blooming again after defrosting. This makes a huge difference to the taste, color and texture of frozen food products. Conventional flash freezing breaks down cells, so much taste is lost in liquid runoff after defrosting. Chefs are welcoming this technology, especially for marine products to be served raw far from the sites where they are frozen.	
	Wazuma – Japanese Traditional Magic	3'43"	Japanese stage magic is possibly one of the oldest in the world, originating as far back as the 8th century and with manuals of techniques surviving from 300 years ago. Old woodblock prints show wazuma magicians performing the same tricks you can see on stage today – illusions using traditional Japanese items such as washi paper, folding fans and of course, gorgeous kimonos. Most spectacular is the mizugei, where performers dexterously manipulate spouting columns of water.	
2009		Length	Description	
	Unfolding the story of the kyo-sensu fan	4'23"	The first folding fans were made in Kyoto (the kyo in kyo-sensu) about 1,200 years ago, much later spreading to China and then, via the Silk Road, to Europe. The Japanese, living in a country with long hot summers, quickly adopted this new design that allowed fans to be carried so conveniently when not in use. Over the centuries, craftsmen created a tradition of beauty in the making of their bamboo frames and hand-painted washi paper that lives on today in Japan, both in everyday life and in high culture.	

09/10 No6 Nov '09	Highly polished skills	3'08"	Polishing is a key metal working technique, and the old metal-ware center of Tsubame City in Niigata is renowned throughout Japan for the quality and high level of its polishing work. Even simple jobs like restoring the shine to old pots and pans require refined manual skills as well as fine control over polishing machines, but there are also high-tech manufacturing tasks – such as finishing the leading edges of aircraft wings – where the trained hands of a traditional Tsubame craftsman achieve precision greater than any machine.	DVD
	Matsuri-zushi – festival sushi	3'40"	Sushi is world famous, but the kind of sushi known overseas is just one of many that are eaten inside Japan. Matsuri-zushi is a term describing sushi eaten at festivals and celebrations, and even this comes in many varieties, made using different local ingredients and methods. We look at two famous regional styles – Okayama's extravagant bara-zushi, and Chiba's futomaki-zushi, featuring intricate designs that combine several layers of seaweed-wrapped rolls.	
	Iriomote's Shichi Festival	3'42"	Iriomote is a subtropical, mangrove-covered island at Japan's southernmost tip, known for its rare wildlife, beautiful scenery and distinctive local culture. The Shichi Festival, unique to a small western part of Iriomote, is a harvest festival with a history going back several centuries. It features a masked man representing Miriku, god of happiness, who leads the villagers in a parade to the seashore where they dance as boats are rowed out to greet blessings sent from over the sea by the harvest god.	
09/10 No5 Oct '09	Funadansu Sea Chests	3'40"	Being an island nation where it was always easier to transport goods by water, Japan has a long and proud seafaring tradition. Back in the days of sail, no other country developed such sophisticated techniques for making beautiful, sturdy sea chests to protect valuables and documents. With secret compartments and cunning locks, precisely designed to be watertight and floatable, beautifully decorated old funadansu are sought-after collectors items and there is still a demand for new chests, hand-made using traditional techniques.	DVD
	Sweet Accessories	3'24"	Right at this moment, there's a new trend sweeping the streets of Japan. Like women everywhere, Japanese women delight in sweet desserts and in fashion accessories, and now they've found a way to combine these two passions. On rings, pendants, cell phone straps, bracelets – the trend today is to wear tiny accessories that are perfect replicas of your favorite sweets. Top brands are even sold in stores resembling upscale confectionary boutiques.	
	Yamaga Lantern Festival	3'52"	In one of Japan's oldest and best-known fire festivals, a parade of blazing pine torches commemorates a legendary imperial visit to Yamaga. This venerable Kyushu merchant town has a unique 500-year old tradition of making lanterns out of washi craft paper, and the highlight of the festival is the sight of 1,000 dancers circling in the slow Sen-nin Toro Odori, illuminated by the gentle flickering glow of the paper lanterns they wear on their heads. The procession ends with the offering of the lanterns at ancient Omiya Shrine.	
	Wagakki – Ancient Japanese Musical Instruments	4'18"	When the Japanese adopted the ancient Chinese court music tradition called gagaku, they also imported a complete orchestra of musical instruments. These were the ancestors of instruments still played today, such as the 13-stringed koto harp, the shakuhachi bamboo flute and the three-stringed shamisen lute. Over many centuries, Japanese musicians not only modified the instruments, they also evolved a unique variation on the pentatonic scale used everywhere else, giving this music a sound only heard in Japan.	
09/10 No4	Dancing the Summer Nights Away	3'51"	Gujo Hachiman is a well-preserved old castle town in the mountains of Gifu; a town of rivers, springs and waterways. It is most famous for its 400-year old dance festival, the Gujo Odori. For 32 nights each summer, the town's old streets are packed with people dancing and singing the traditional songs, and for several of these nights, the dancing goes on till dawn. A feature of this festival is that the dancing is open to anyone – visitors are encouraged to join in, and the dances themselves are quite easy to imitate.	DVD
	Mottainai – Even Tiny Scraps Can Be Reused	3'45"	Mottainai is a traditional Japanese custom of never wasting anything that can be reused, and Kaga Yubinuki are a good example. The old region of Kaga (part of today's Ishikawa) was famous for kimonos and textile dying. In the Kaga Yuzen style of kimono, many colors of thread are used for each piece, creating large amounts of cast off short lengths of silk thread. The old seamstresses recycled the threads to make thimbles (yubinuki), and over the centuries these silk thimbles evolved into delicately patterned little pieces of folk art.	

NOT Sep '09	Cruising Down the Shimanto River	4'22"	The Shimanto River, on Shikoku, is one of Japan's clearest and most beautiful rivers. And for centuries, Japanese tourists have been coming here to enjoy the scenery from yakatabune river boats. These wooden boats have a large cabin in which passengers sit on tatami mats to enjoy a meal of freshly caught river fish and prawns while watching the deeply forested banks pass by. Among the sights you see as you eat are fishermen casting their nets in the traditional way to catch the next meal.	DVD
	Umbrellas To Slip in a Pocket	3'10"	An umbrella is essential in Japan, a land of frequent, unpredictable showers, so it's only natural that Japanese umbrella makers have long been pioneers in designing folding umbrellas that you can carry at all times, just in case. New technology is now allowing folding umbrellas to be made flatter, smaller and lighter – indeed, there are now umbrellas weighing just 192 g, that fold as small as a mobile phone. But designers are not yet satisfied – they hope to reduce this convenient item to the size of a fountain pen.	
09/10 No3 Aug '09	Ajisai – Hydrangeas in Hakone	3'41"	The hydrangea is a flower native to Japan, where it is called ajisai. This delicately colored flower blooms everywhere during the rainy season, but one of the finest places to see it in all its many varieties is the beautiful mountain and hot spring resort of Hakone, one hour from Tokyo by train. The tracks of Hakone's nine-kilometer long switchback railway are lined with over 10,000 blossoms, the varieties changing as the train climbs higher up the mountain, and special sections are even illuminated at night.	DVD
	Lettuce From a Factory	3'24"	Agriculture today faces problems from abnormal weather to chemical overuse that cause concern about the safety and reliable supply of our daily vegetables. One promising solution is the "plant factory," where food is grown indoors in a computer-controlled environment. Vertical stacked growing beds produce far greater amounts of crops than regular farms of the same area, while pest-free sealed environments simplify organic cultivation. New technologies are making factory-grown cultivation safer, more nutritious and more efficient than	
	Mizuhiki – The Art of Tying Paper Cords	3'18"	A custom that's long been part of daily life in Japan is to present gifts or offerings in an envelope decorated with a complex knot of colored cords. The 1,000-year old custom of mizuhiki symbolizes the wish that the ties binding giver to receiver will never break. Today, in addition to the traditional use, people also use mizuhiki to tie many other things, such as birthday cards, companies are developing new products using mizuhiki cords and artists are adapting the old materials and techniques to create art objects.	
	New Life for Old Facilities	3'36"	In recent years, local communities all over Japan have been discovering the cultural and social benefits to be obtained by converting old facilities, buildings and infrastructure to serve new purposes rather than simply demolishing them after their service life is over. We see an old power station that has been converted to a flourishing art museum, a discontinued railway that is now a popular cycle trail, and a primary school reborn as a toy museum.	
09/10 No2 June '09	Hiking the Shinetsu Trail	4'29"	This newly completed hiking trail runs for 80 km through the Sekida mountains, an easily accessible range of 1,000 m peaks covered with old forests of Japanese buna beech trees. These woods, filled with springs, lakes and ponds, are unique for being almost entirely free from other tree species, and also for the way they have been shaped and polished by the region's heavy winter snowfall. The Shinetsu Trail is open year-round, and is a wonderfully convenient way to explore the delights of nature in Japan.	DVD
	When Mending Becomes an Art	3'24"	Mottainai is a traditional Japanese custom of never wasting anything that can be repaired instead. Kintsugi originated 400 years ago as a method for mending broken pottery with a lacquer resin glue, repeatedly polishing many layers of lacquer for a seamless join. Artisans decorated their repairs by adding gold dust to the lacquer, and kintsugi gradually developed into an art form in which the repair actually added beauty and value. Old ceramics mended in this way can be extremely valuable, and the art itself is becoming popular again.	
	A Better Way to Peaceful Sleep	3'21"	Japan, like many parts of the world, suffers from biting insects during the hot, humid summer nights. Insecticides or air conditioning are not ideal for health or for the environment, so people are rediscovering the benefits of the traditional mosquito net for insect-free sleep. The Japanese kaya mosquito net is a uniquely spacious, box-like design, but the weave used for its netting impeded the flow of air, making it warm inside. Modern weaving techniques have now solved this, and the kaya is regaining popularity as a natural, healthy way to ensure a good night's sleep.	

	New Technology for Disabled Sports	4'22"	A vital factor in the current worldwide advance of disabled sports is the development of specialized technology to allow athletes with disabilities to take part in competitive sports. Athletic wheelchairs and prosthetic equipment must be specially designed for each sport and also customized to meet the greatly differing requirements of each user. We introduce a Japanese company that has revolutionized sports wheelchair design with a new frame-building technique, and a sports trainer/equipment developer who refines his designs through daily feedback from the athletes he coaches.	
09/10 No.1 May '09	The Cherry Blossoms of Yoshino	4'22"	The mountainous area of Yoshino is possibly Japan's most famous spot for viewing cherry blossoms. It was in this culturally ancient region that the mountain ascetic practices of the shugendo sect first developed, and Yoshino's slopes are covered with cherry trees (30,000 of them) that were planted as offerings by pilgrims. Over the centuries the local people cared for these cherry forests, ensuring their scenic beauty survives today in all its glory.	DVD
	Titanium Tiles for Temple Roofs	3'46"	Roofs in Japan were traditionally covered with heavy ceramic tiles. These gave excellent protection against fire and storms, but their weight was a drawback in this earthquake-prone country. The long search for a lightweight replacement finally resulted in titanium tiles, which are both stronger and 26 times lighter. First used, for safety and esthetic reasons, to retile famous temple roofs, they are now being adopted nationwide.	
	How Old Firms Survive	3'31"	Japan has a very large number of old family firms still prospering a century or more after their founding. The secret to the success and survival of these firms through both good times and bad appears to be an attitude that combines respect for traditional skills and techniques with an open-minded readiness to react to changing conditions by adopting new methods and businesses.	
	Old Crafts in Modern Art	3'39"	Unique local industries developed throughout Japan based on locally created craft techniques and raw materials. Skills and techniques refined over the centuries gave Japan one of the world's most distinctive craft traditions. Today, the inheritors of such traditional skills are increasingly using them in the service of fine art, employing old craft materials like bamboo, lacquer and clay to create freshly expressive works.	
08/09 No.9 Mar '09	Donabe – Most Versatile of Cooking Pots	3'41"	The donabe, a type of earthenware pot used for cooking at the table, is one of the oldest and best loved Japanese kitchen utensils. Traditionally made from a special clay, a donabe retains heat even after the flame is turned off, cooking its contents gently and thoroughly. This versatile pot can be used for many different kinds of cooking, and Japanese families love to use it to prepare food at the table, serving themselves straight from the pot.	DVD
	Bonsai – Nature's Beauty in Miniature	3'42"	Bonsai artists aim to create miniature but completely convincing natural landscapes, pruning their tiny trees and training them with wire to grow into the desired shapes in a process that can take hundreds of years. It's a hobby with a huge following, and there is even an entire village of bonsai nurseries close to Tokyo. These living works of art, long popular among older Japanese, are now finding new fans in the younger generation.	
	Iwami Kagura – Ancient Ritual to Modern Folk Art	4'49"	Kagura is an old tradition of dance and music that traces its roots to the most ancient of Japan's creation myths about the Sun Goddess Amaterasu. Historically performed at shrines by Shinto priests, in the 19th century it was taken up by the public and transformed into the vigorous folk art we can see today. Of all the types of kagura, the Shimane regional style known as Iwami kagura is the most lively, gorgeous and dramatically entertaining.	
	Green Revolution Transforms City Rooftops	3'43"	Japan's cities are controlling rising temperatures due to the urban "heat island" effect by planting greenery on building rooftops and walls. Rooftop gardens are dramatically cooler than concrete, and can now be added to most buildings thanks to new types of light, nutrient rich soil and special lightweight surfaces. Rooftop gardens are now a popular place to relax, and soon people will also be growing vegetables and rice on top of city buildings.	

08/09 No.8 Feb '09	Tiny Satellite Carries a Big Dream	4'14"	A scientific satellite launched on Jan. 23, 2009 was unusual in a number of ways. This tiny 50cm cube was the independent project of a group of small factories in Higashi-Osaka. Machi-koba is the term for small urban factories working under contract to major corporations, and these have been responsible for many of Japan's technological advances. Instead of simply supplying parts for other companies' products, this group wanted to design their own project and complete it using their own technology. The result is now in orbit, helping research into lightning storms.	DVD
	A Stroll Through Old Kawagoe	4'03"	Kawagoe is a popular tourist spot not just because of its easy access, an hour's train ride from Tokyo, but also because this small town offers a unique opportunity to stroll through streets that have survived intact from different periods of Japan's long history. There are rows of old shops and houses from as far back as 350 years ago when Kawagoe was a prosperous trading center, western-style buildings from the modernizing 19th century, and a whole street of old-fashioned confectionery stores still making candy the way they did in the 1930s.	
	Carry Your Own Chopsticks	4'11"	When eating at home, it's a Japanese custom for each family member to use their own chopsticks, rice bowl and other utensils, the familiar feel of these personal items adding to their enjoyment of the meal. That's one reason for the recent boom in carrying personal chopsticks to eat out at work or in restaurants, a boom encouraged by stores selling a wide range of chopsticks and cases in fashionable designs. The other reason is the cultural sense of mottainai – an aversion to waste that now makes people reluctant to use disposable restaurant chopsticks.	
	Tsukemono – The Pleasure of Japanese Pickles	3'32"	No Japanese meal is complete without a dish of pickles, or tsukemono. Pickled with salt, vinegar, rice bran, even soy sauce - tsukemono come in a bewildering choice of varieties, colors and tastes – any combination of ingredients you can think of is bound to be pickled somewhere in Japan as a treasured regional delicacy. Originating as a way to preserve vegetables for winter eating, tsukemono retain their enormous popularity today for their health benefits and for the refreshing taste contrast they bring to a meal.	
08/09 No.7 Jan '09	Night Festival in Chichibu	4'20"	Huge wooden floats, fantastically decorated and hauled by chanting groups, are a feature of many Japanese festivals. One of the most spectacular is the Chichibu Night Festival, held in early December in a hilly town north of Tokyo. Taking all year to prepare and weighing up to 20 tons, the floats are pulled to the sound of drums through streets filled with festival crowds. The floats begin from Chichibu's 2,000-year-old shrine and are strenuously hauled through the sharp corners and steep inclines of the town to end at a park under a huge firework display.	DVD
	Monkiri Asobi – The Art Of Papercutting	3'59"	Monkiri asobi is a style of papercutting in which symmetrical patterns are cut with scissors in paper folded in four. Unfolded, the paper reveals the full design. This pastime, now popular again after almost disappearing, originated over 150 years ago from a technique developed by craftsmen to save time when preparing the patterns for painting mon, or family crests. Later used for many other decorative purposes, mon were created in a vast range of artistic designs that tell us much about the interests, lifestyle and world view of people centuries ago	
	Miyadaiku – Guardians of a Tradition of Building in Wood	3'43"	Japan is filled with magnificent wooden structures – temples, shrines, pagodas – some over 1,000 years old, and many still in excellent condition. The craftsmen who built these enduring buildings are known as miyadaiku, and even today master carpenters continue to use and pass on the ancient skills, ensuring a future for this tradition. Miyadaiku apprentices learn their craft the old way, by directly imitating their master, and specialize in building and restoring Japan's shrines and temples with their intricate, superbly finished woodwork and gracefully curving roofs.	
	Sushi from Tokyo Bay Again	4'11"	Centuries ago, under the shoguns, the people of Tokyo (then called Edo) referred to the abundant seafood they enjoyed from Tokyo Bay as Edomae. This vast bay, fed by many rivers and lined with fertile tidelands, was a plentiful source of the finest fish and shellfish that were used for Edomae zushi, the origin of the sushi that is now enjoyed worldwide. The bay's whole ecosystem came under threat from pollution and reclamation during the economic boom of the 60s and 70s, but environmental programs have now cleaned the waters and once again Tokyo can eat sushi from its bay.	
2008		Length	Description	

08/09 No.6 Nov '08	The Healing Powers of the Jellyfish	4'03"	Jellyfish have always been common in the seas around Japan, but just recently the Japanese have begun looking at these graceful, translucent creatures in a new light. The old image was of a stinging animal one tried to avoid when swimming, but the unexpected success of one aquarium's jellyfish displays has made people realize the soothing, healing effect of watching jellyfish swim. For example, customers at a bar in central Tokyo find that watching its large tank full of exotic jellyfish is an ideal way to unwind and relax after a stressful day at work.	DVD
	Ready to Eat. Instantly, Anywhere	3'56"	Over 100 billion instant noodle meals are now eaten worldwide each year – a huge change in our eating habits that began 50 years ago with a new technology invented in a Japanese garden shed. Flash-frying in oil to quickly dry noodles created a tasty product that was easy to cook and had a long shelf life. Today, we can choose from a vast variety of instant meals, not just noodles. They are eaten at home, at the office, and even by astronauts in space. And they have proved especially valuable as emergency food supplies for disaster zones.	
	Bamboo's Deep Roots in Japanese Life	4'00"	The bamboo has been an ever-present, well-loved part of Japanese daily life and culture for centuries. You see it in house exteriors and interiors, children still play with traditional bamboo toys like stilts and tops, and it's widely eaten in season. Traditional arts like the tea ceremony feature fine accessories and utensils crafted from bamboo. It is modern too – the first electric light bulbs used Japanese bamboo filaments, and innovative new bamboo products continue to be developed, ranging from silky textiles to bamboo charcoal soaps and anti-allergy products.	
	Traditional Crafts, Modern Design – That's Kanazawa	3'50"	In its golden age from the 17th to the 19th century, Kanazawa was one of Japan's greatest centers of culture and commerce. The old city retains much of its samurai era atmosphere, and its many highly-sophisticated traditional arts and crafts such as Kaga Yuzen dyeing, Kutani ceramics and fine gold leaf work continue to prosper. Today, the city is encouraging these local craft industries to apply their traditional artistic skills to modern designs, aiming to make beautiful hand-made objects, from fashion to jewelry and tableware, once again part of	
08/09 No.5 Oct '08	Walking the Old Tokaido Highway	4'42"	The Tokaido was the main highway of old Japan, linking Tokyo (then called Edo) in the east to the old capital of Kyoto in the west, and it played a vital role in the development of modern Japan's commerce, industry and culture. The Tokaido was also where Japanese tourism began, as travelers walking this 500-kilometer highway started to make detours to view famous shrines and temples, to admire the scenery and to sample famous regional delicacies. Today, hikers still enjoy walking the Tokaido, parts of which remain almost unchanged since 400 years	DVD
	Compact Houses for Spacious Living	3'58"	In 1952, architect Makoto Masuzawa started a boom in Japan for what he called the "minimum house" – very compact homes with an efficient open-plan interior that made them seem very spacious for their size. His ideas are now being revived by a group of young architects and designers calling themselves the 9-Tsubo House Project. Their popular and highly versatile designs are smaller than normal houses, allowing more of each site to be used for garden. Open interiors and large windows and doors that merge interior and exterior achieve a feeling of great spaciousness.	
	Learning about Life from Food	3'17"	In the Japanese school system, food and nutrition education courses, where children learn about good diet and how to choose and make healthy food, are regarded as an important foundation for all education – intellectual, moral and physical. Many outside groups take part in these classes, from local school authorities to food manufacturers, as well as expert volunteers such as celebrity chef Kiyomi Mikuni who contribute their specialist knowledge of cooking, eating and food safety to teach young children valuable and basic lessons about life.	
	Fun Ways to Get Fit	3'46"	Japanese toy and game manufacturers have made huge advances in home entertainment technology, and now they are starting to apply this knowledge for health, fitness and healing. Families enjoy exercising together in front of the TV, thanks to interactive sports games using advanced motion sensors and monitors. Walkers and runners listen to voice instructions providing expert guidance through their headphones, with music scientifically optimized for greatest aerobic benefit. And playing with lifelike robot pets is having a	
08/09	Manga Goes Worldwide	3'31"	The worldwide spread of Japan's manga sub-culture was on view again this year at the second International Manga Awards, where prizes were presented to artists from many different countries for the best manga work produced outside Japan. Many who came for the Awards went on to the International Manga Summit in Kyoto, which focused on ways to use this rapidly internationalizing art	
	World's Biggest Firework	4'03"	Summer fireworks displays have long been a Japanese custom, and Japanese fireworks are among the world's most spectacular. Among the more than one thousand fireworks displays held here every year, there is one that features the world's biggest firework. The tiny town of Katakai (pop. 6,000) has had a fireworks industry for over 400 years. They used a combination of traditional and	

No.4 Sep '08	Japanese Denim – High Fashion and Eco-Friendly	3'31"	Japanese denim, currently the favorite material for high-fashion jeans worldwide, was the theme of the Japan Blue Exhibition, part of this year's Japan Fashion Week in Tokyo. The world's fashion houses choose Japanese-made denim for a number of reasons: the excellent appearance produced by Japan's local indigo dye and traditional dyeing techniques, the leading ideas of contemporary Japanese jeans designers, and the pioneering efforts of Japanese jeans and denim companies to make the manufacturing process more eco-friendly.	DVD
	Deco Art – It's Everywhere!	3'58"	A new fashion trend is spreading from Japan to the world. It originated when nail artists discovered their clients wanted the same kind of decorations applied to cellphones and other personal objects. Driven by user demand, stores sprang up offering custom-decorated phones and the parts and tools for people to do their own decoration. This trend was quickly taken up by the world of street	
08/09 No.3 Aug '08	Tokyo's Subtropical Islands	4'15"	Although the Ogasawara Islands lie 1,000km south of Tokyo, they are officially part of the metropolis because the only way to get there is a 25.5hr ferry trip from Tokyo. Geologically isolated from the mainland since their creation, the islands are known as the Galapagos of the East for their rich variety of unique plants	DVD
	Toys for all Ages	3'37"	The Tokyo Toy Show is Japan's largest and most diverse toy fair, and the huge crowds that attend this 4-day event include many overseas buyers, here to check the latest trends and innovations by Japan's toy manufacturers. It's not just advanced technology that has made Japan a leading influence on worldwide trends in toys and games. New concepts developed here, such as games that	
	Japanese Cuisine – Sincerity is the Key	3'33"	A look behind the scenes at a good Japanese restaurant gives us a glimpse into the working day of its itamae, or chefs, and the central organizing role played by the proprietress, the okami. These chefs not only spend years becoming highly skilled at creating dishes that look like works of art, they daily visit fish piers and	
	Building to Blend with Nature	3'59"	Kengo Kuma is now a world-famed architect, with a company active in projects around the globe. We see how his style evolved into a current philosophy that focuses on using softer, gentler building materials designed to make his	
08/09 No2 June '08	Untouched for 8,000 Years – Shirakami-Sanchi Forest	3'50"	Shirakami-Sanchi is the world's largest primeval beech forest, a unique ecosystem that has survived unchanged for over 8,000 years thanks to its remote location and harsh climate. This virgin forest, covering 1,300 square	DVD
	High-Rise Work Fashion	3'27"	Japan's steeplejacks and scaffolding workers were always an elite group. Their skill in working at dangerous heights meant that they became the first firefighting groups, centuries ago when Japan's wooden cities often caught fire. Proud of their skills and popular heroes for their courage, these workers competed in fashion too...	
	Fine Mist Cools City Heat	3'38"	Global warming continues to raise temperatures worldwide, and large cities contribute to this trend through the urban heat island effect. Increased use of air conditioning is raising temperatures on the streets, and Japanese cities are experimenting with ways to counter this.	
	Minamata – An Eco-Aware Community	3'45"	The small southern Japanese fishing port of Minamata was the site of one of the world's worst cases of industrial pollution, giving its name to the terrible mercury poisoning syndrome called Minamata Disease. This tragedy was in the early	
08/09 No.1 May '08	Mixing Up a Super Fuel	3'39"	A major goal has been to make fuel from an emulsion of oil and water, but all attempts at a practical solution failed since the mixture would always slowly separate into the original two fluids. Now a Japanese scientist has solved this problem, using nanotechnology to create super emulsion fue	DVD
	Hokkaido Horse-trekking	3'14"	The northern island of Hokkaido covers over 20% of Japan's land mass, and contains some of its most beautiful and unspoiled scenery. It's also the home of an ancient breed of Japanese horse called the dosanko.	
	Fresh Ideas for Mobile Living	3'38"	Mobile phones are an evolving worldwide phenomenon. In Japan, where 8 out of 10 people own a mobile phone, the pace of change is especially rapid. New technologies and ideas are continually emerging for using this device to make	
	New Future for Smallest Room	3'06"	Japan adopted the flush toilet just 40 years ago, but in that short time it has become the world leader in the industry, refining this essential facility both with high-tech functions and with ecological innovations.	
Mar-08	Tokyo Girls Collection	3'22"	At Tokyo Girls Collection, top models walk the runway just as they do in the Paris haute couture collections, but there's an important difference ...	DVD
	Japan Tourism Goes Green	3'27"	Green tourism is a growing trend, and it's spreading widely in Japan. And naturally, it's being given a special Japanese twist.	
	High-Tech Hairpieces	3'29"	Japan has a long tradition of making fine wigs, and their quality is world-renowned even today. And a high tech solution that creates microscopic irregularities in the fiber surfaces now allows wigs made of synthetic fibers that behave and look just like real hair under all conditions.	

	Railway Country	3'34"	Railways were introduced into Japan quite early – in the 1860s – and the nation would go on to develop one of the world's most intensive passenger rail networks, with 27,000 km of track reaching into every part of the country.	
Feb-08	Winter in Japan's Snow Country	3'39"	This video introduces three highlights of the Japanese winter: Niseko, Mount Zao and Jigokudani Onsen.	DVD
	Tree Surgeons at Work	3'53"	Japan has one of the world's strongest traditions of communities caring for their surrounding nature. This is especially true for old trees, partly due to an ancient belief that nature gods reside in certain vigorous long-lived trees. As a result, everywhere you go in Japan you can find magnificent specimens, many over	
	Robot, a remarkable companion	3'35"	Japan leads the world in the development and use of robots, especially humanoid robots. Recent advances in this field promise to revolutionize the way society works, as we begin to see the use of robots expanding from the factory floor into almost every aspect of our lives.	
	World's Biggest Comic Convention	3'49"	Comic Market, known to fans as Comiket, is the world's largest comic convention, a 3-day event that attracts a huge crowd of over 500,000 visitors.	
Jan-08	Toyako – Scenic Site of G8 Summit	3'32"	The scenic resort of Toyako, in Japan's northern island of Hokkaido, will be the site for the next G8 Summit. World leaders will discuss issues including the global environment in this area of great natural beauty that is also a fine example of positively adopting sports and leisure facilities into the environment	DVD
	"Eco" – The New Brand Image	3'38"	Companies today are investing in recycling and reuse systems not just because it makes economic and ethical sense, but also because it appeals to consumers and enhances their brand image	
	New Year's Friendly Demons	3'25"	Unique to the Oga peninsula in Akita, the custom of namahage is at least 900 years old. Each New Year's Eve, villagers dress in grotesque masks and straw costumes to represent the namahage, demon messengers from the mountain	
	The Miniature World of Omake	3'50"	It's a traditional aspect of the Japanese character to enjoy the skilful creation of miniature worlds, and we see this again today in the omake boom. From their origin as small toys included in packets of candy to promote sales, omake are	
2007		Length	Description	
Dec-07	Yokohama – Japan's First Modern City	3'45"	Over the last century and a half, Yokohama grew from a small village into one of the world's greatest port cities. Yokohama was the first gateway Japan opened to the world after ending centuries of self-imposed isolation, and Western ideas	DVD
	Traditional Art Meets Pop Culture	3'07"	Noh is one of Japan's oldest and most famous dramatic arts, while manga cartoon books are currently at the leading edge of pop culture world wide. A new Noh play has recently been composed that takes its theme from a popular	
	A Challenge of Skills	3'46"	The 39th WorldSkills Competition was held in Shizuoka in November 2007. We see two young Japanese landscape gardeners as they train hard for the contest, and eventually win the Gold medal in their category	
	Never Too Old to Play	3'37"	Across the nation, "jukunen" (middle-aged) groups of people in their 50s and up are forming bands and discovering the rewards and excitement of performing	
Nov-07	A new style of lifelong learning in	3'46"	Tokyo's Shibuya is known as a center of youth culture and the focus of activity in many creative fields, so it was the natural place for a new experiment in	DVD
	The lake that inspired Tale of Genji	3'18"	Lake Biwa area is a protected habitat for many kinds of wildlife, and it is also the spot where one of the world's oldest novels was written.	
	Why is Japanese fruit so delicious?	3'23"	Japanese fruits are world renowned for their superb quality and taste. What are Japanese growers doing to get such delicious fruit?	
	Clear as glass, but so much stronger	3'48"	A specialist maker of acrylic panels developed a new adhesive to construct single acrylic panels. The company evolved its technology and today's spectacular aquariums are the result	
Oct-07	Try new products for free at Sample Lab	3'24"	Sample Lab is a new store that opened in summer 2007 in Tokyo's trendy Harajuku area. Targeted at trendsetters and early adopters...	DVD
	Revealing the hidden side of industry	4'07"	Educational tours that take you behind the scenes to learn about how industry and the social infrastructure really work are increasingly popular in Japan	
	Eating on the train - ekiben boxed meals	3'00"	No Japanese holiday trip by train feels complete without enjoying an ekiben, the special boxed lunches sold on trains and platforms and at station stores.	
	A designer's ideas transform local	3'28"	A designer started a project that is revitalizing Japan's famous old regional-based craft industries	
Mar-07	A New Focus for Art in Central Tokyo	3'41"	The attraction of the new National Art Center.	DVD
	Recycling with IC cards	3'45"	This segment introduces experimental recycling schemes using IT technology.	
	The Rebirth of Japanese Calligraphy	4'18"	The passion for Japanese calligraphy demonstrated by Souun Takeda, who is at the forefront of modern applications of Japanese traditional culture.	
	Izu Peninsula in Spring	4'18"	The attraction of Izu in early spring, including its beautiful early-blooming cherry blossom.	
Feb-07	A Day Trip Across Tokyo Bay	3'50"	This segment introduces a day trip to enjoy the early arrival of spring in Chiba Prefecture	DVD
	The Charm of Modern Paper Craft	4'25"	Learn about a new trend in the world of Japanese paper craft -- "paper craft" models made from cards	
	Cleaning Water with Carbon Fibre	4'08"	See how water quality is purified using carbon fibre.	
	Revitalizing a Town with Ume	3'56"	See how a very unique town has revitalized its economy through the use of ume (Japanese apricot)	

Jan-07	Naoshima ~ The Island of Art	4'40"	Visit the "Benesse House," an very unique museum for contemporary art	DVD
	Bringing a New Charm to Bonsai	3'40"	Learn about the world of bonsai, a unique feature of Japanese culture	
	At the Forefront of Endoscopy	4'37"	The world's first endoscope was developed in Japan 50 years ago -- this segment introduces the latest developments in Japanese endoscopic technology	
	Japanese Creative Cheese	4'40"	See how cheese is made at the Shintoku Farm in Obihiro, on the the northern island of Hokkaido	
2006		Length	Description	
Dec-06	One-day Trip to Tsukuba	5'09"	Visit the famous Tsukuba City.	DVD
	Edo Kites Flying High	4'20"	Watch how a master designs traditional Japanese kites.	
	Supporting the Next Generation of Aircraft Carbon Fibre Composite Materials	4'08"	Waste disposa is an essential function that most cities try to hide, but Hiroshima decided to make its new incineration plant a feature of city life.	
	Tokyo Tradatational Taste	5'38"	Enjoy a taste of traditional Edo!	
Nov-06	Global Oysters Supported by Forests	5'35"	Learn about the ecological relationship between the sea and the upstream forests and rivers that run into it	DVD
	Not Just for Play ~Mobile Game Devices Evolve~	4'37"	See why mobile game devices are booming in Japan.	
	Tokyo One-Day Trip	5'25"	See Tokyo in a day!	
	UDON ~Noodles Fostered by	5'27"	Find out how these delicious noodles are made.	
Oct-06	Japan's 50 Years as a UN Member	5'57"	This segment looks at Japan's history as a member of the United Nations.	DVD
	Onsen, Warm-hearted Hot Springs - Beppu and Yufuin	5'01"	Visit one of Japan's most famous hot spring resorts.	
	Ramen, Japan's Favourite Noodles	3'46"	Learn the secrets of the dish Japanese cannot resist.	
	The Small Island that Drives on Ethanol	3'54"	Visit a small island in Japan where biomass ethanol is produced in the most cost-effective way in the world	
Sep-06	State-of-the-art Prosthetics	4'47"	Learn about the latest technology in Japan centering on the development of artificial limbs	DVD
	Staying at a World Heritage Site	5'03"	Spend the night at Mt. Koya, one of Japan's most famous Buddhist sacred sites.	
	Basement Food Riches	3'47"	Explore the handy basement food section in some of Japan's famous department stores	
	Preparing for Natural Disasters	4'36"	See how Japan prepares for natural disasters.	
Aug-06	Beach Cleaning Buggy	4'06"	Learn about modern beach cleaning equipment based on traditional techniques.	DVD
	Secrets of the White Egret Castle	4'06"	Visit Himeji Castle.	
	The Yukata Fashion Boom	3'25"	See why traditional light kimons called yukata are increasing in popularity.	
	Washi	3'48"	Washi is an amazing craft item that brings a simple and soft atmosphere to Japanese life.	
	The Popular Tokyo English Bus Tour	3'42"	Take a tour of Tokyo on the "Hato Bus."	
Jul-08	Climbing for Cleaning	4'17"	Ken Noguchi is working to keep Japan's mountains clean.	DVD
	Living with Flowers	3'35"	This segment introduces how the Japanese live with flowers.	
	Furoshiki ~ The Flexible Wrapping Cloth	3'46"	Learn about the revival of the long-neglected furoshiki.	
	Self Expression through Digital Art	4'05"	See how some Japanese digital artists are producing animation works.	
Jun-06	Mobile Phone TV	4'27"	Learn about the 'one-segment broadcasting service' digital television programs can now be viewed on a mobile phone	DVD
	Exploring Japan ~ Appreciating Wooden Architecture~	8'30"	Tour some of Japan's finest and oldest wooden structures	
	Japan Welcomes Young Students	12'59"	See what measures Japan is taking to promote understand about Japan	
May-06	Japan's Assistance for Iraq	4'23"	This topic provides an update on Japan's assistance being conducted in cooperation with local people in Samawa	DVD
	Exploring Japan: Appreciating Japanese Sounds	4'01"	Japanese have traditionally lived with a deep respect for Nature, and they have developed a lifestyle that was well-harmonized with it	
	Japanese Anime in Malaysia	2'48"	This segment talks to Malaysians in the street about Japanese pop culture.	
	Citizens in City Planning	3'58"	See how unprecedented local administration is being carried out by the enthusiastic residents of Mitaka.	
	The Roots of Japanese Anime	4'20"	Learn about the history of Japanese animation.	

Apr-06	Shop Assistants with Purchasing Power	4'08"	See why convenience stores have overtaken department stores and supermarkets in terms of sales figures.	DVD
	Exploring Japan: Appreciating Simplicity	3'06"	Simplicity is a main characteristic of Japanese rooms --see how a limited amount of space can be put to a variety of uses	
	The Japanese Economy is Rising from Recession	3'44"	Japan has at last escaped from the recession that has lasted since 1990, and is about to move on to a new stage of stable growth	
Mar-06	Shimane - Land of Silver, Swords and Ancient Gods	4'20"	Shimane is the place to go for a taste of Japan's ancient history.	DVD
	Latest Digital Camera Trends	3'56"	See why Japan has an 80% share of the world digital camera market.	
	Art of Hidden Beauty	4'30"	Learn about a specialized style of cabinet making called Edo Sashimono	
	More than Cute - Kawaii!!	3'10"	This word of choice for everything cute and appealing is spreading around the world	
Feb-06	City of Countless Faces	3'56"	See why Tokyo is not only one of the world's biggest cities, but also one of the most varied	DVD
	The Art of Compact	4'20"	Japan has long been famous for sophisticated techniques to fit things into small spaces -- learn more about the philosophy behind these techniques	
	Keeping the Expressways Safe	3'50"	Japan's extensive network of expressways carries 5.6 million vehicles a day -- see how constant research has given Japan some of the most advanced	
	Weaving Works of Art	4'38"	Visit Nishijin, north of Kyoto, a silk weaving center in Japan for over 1,000 years	
Jan-06	Fighting Sport Builds Friendship	4'11"	Learn about Judo, the world's second most popular participatory sport	DVD
	Block Toy Unblocks Creativity	3'06"	See how new designs for toys can help children and seniors improve creativity	
	Heroes of Disaster - Tokyo's Hyper Rescue Team	4'26"	This team is the elite of the elite in rescue techniques, and they are often called upon to help in emergencies around the world	
	Underground Caverns of Akiyoshi	4'07"	Travel the limestone plateau of Akiyoshi with an underground water system that has eroded 10 km of magnificent caverns	
2005		Length	Description	
Dec-05	Kyushu National Museum	3'48"	The newly opened Kyushu Natinal Museum celebrates the many Asian and European influences that helped shape Japanese culture and art	DVD
	Heart-Warming Nabe Cookery	4'04"	Nabe meas pot, and this style of cooking whole meals in a single pot is highly developed in Japan, from Sukiyaki and Shabu Shabu.	
	Waste Disposal as a Work of Art	3'37"	Waste disposa is an essential function that most cities try to hide, but Hiroshima decided to make its new incineration plant a feature of city life.	
	Hiraizumi--Glories of Long Ago	4'40"	Hiraizumi is where Basho wrote his famous poem about summer grass - all that remains of warriors' dreams.	
Nov-05	Nikko -- Japan Oldest International Resort	5'52"	Nikko has been a tourist resort for 130 years, and is a place of great historic interest	DVD
	What's Happening in the Motorcycle World	3'58"	Japan makes half the world's motorcycles & is leading the way in safety and environmentally friendly two wheelers	
	Senior Volunteers Work Abroad	3'26"	See how Japanese seniors are joining Japan's International Cooperation Agency to share their knowledge and experience in other countries	
	Traditional Good-Luck Charms	4'36"	Learn about Japan's long tradition of good luck charms	
Oct-05	Cycling the Islands of the Inland Sea	3'15"	Travel an 80km route via the Shimanami Kaido highway to see some of Japan's most lovely scenery	DVD
	Underground Tokyo	3'55"	Explore the face of Tokyo most tourists never see -- beneath ground	
	Rice and the Japanese	4'25"	Japanese have been growing and eating rice for over 2,500 -- see how this food has shaped both culture and the landscape	
	A Promise Kept -- The White Stork Flies Again	4'25"	50 years ago, the white stork faced extinction. Learn how Japan has helped restore their numbers	
Sep-05	The Artificial Limb Makers	4'14"	This small Japanese company has a international reputation for excellence in manufacturing artificial limbs	DVD
	Akihabara-- Hobbyist's Paradise	4'05"	Shop Tokyo's world famous discount area for electronic goods	
	A Brush with Beauty	4'08"	Learn how calligraphy "fude" brushes are made	
	Bringing Color Back to the Oceans	4'12"	See how a Japanese university team is cultivating coral eggs to revive damaged reefs	
Aug-05	Helping Hands Build Iraq-Japanese Friendship	3'28"	Find out how Japan is assisting in reconstruction efforts in Iraq	DVD
	Getting Close to the Animals	4'43"	See how Asahiyama Zoo has transformed itself into the most popular Zoo in Japan	
	When Computers Can't Match Human Skill	4'43"	Visit a factory where the workers manufacture world-class products	
	Aomori -- Land of Contrasts	3'50"	Enjoy a tour of the northernmost region of Honshu!	
	Winter Snow Keeps	3'08"	Learn about the potential of snow as an energy saving resource	

Jul-05	Kyoto State Guest House	3"37"	Tour Japan's main State Guest House built in Tokyo in 1909	DVD
	Moerenuma -- From Landfill to Park	3"30"	See how a landfill site was integrated into a recreational space for Sapporo	
	Hakata Gion Yamakusa Festival	4'10"	Join a a Kyushu festival that dates back to 1241!	
Jun-05	First Steps for World Citizens	4"11"	A Tokyo Kindergarten employs teachers from other nations to help teach English.	DVD
	Raining in Japan	3"34"	Learn about traditional techniques & customs Japanese use to enjoy the sights and sounds of rain.	
	Robot Partners	3'07"	See why Japan is the world leader in humanoid robots.	
	Wagashi -- The Taste of the Seasons	3'15"	Wagashi is the name for the delicate confectionary that is served with green tea and much more.	
May-05	Tsunami Alert	4'02"	Learn about Japan's well-developed tsunami warning systems.	DVD
	After the EXPO - Visit Isejima	4'03"	Isejima National Park is the perfect introduction to the best of Japan. Enjoy a visit to Japan's spiritual heart.	
	Games Reach the Next Level	3'06"	See how new 1.8 GB UMD discs are allowing video games to be far more complex and realistic.	
	Okinawan Sanshin	3'18"	This musical instrument, noted not only for its sound but also for its snakeskin covered body is the unmistakable symbol of Okinawa. see why it is still	
Apr-05	Expo 2005	5'24"	Tour EXPO 2005 which runs for six months until Sept. 25 and features 84 pavilions with exhibits from 120 nations, international organizations, NGO's and UNO.	DVD
	Lacquer Reborn	3'24"	Learn why Japanese lacquer ware has been famous for centuries and see just why Japan's artisans are unmatched in the field.	
	Cultivating the Tuna	3'23"	See how Japanese university fisheries laboratory has managed to achieve a full artificial breeding cycle for tuna.	
	The Island that Runs on Water	4'02"	Yakushima Island is the site of a leading edge experiment to create a society with zero CO2 emissions -- the island is completely powered by hydroelectricity.	
Mar-05	Japan in the UN	5'57"	Learn about Japan's history in the United Nations.	VHS
	New Life for Old Houses	3'19"	The Japanese countryside is still full of traditional old wooden houses. Many are over 300 years old --visit some that have recently been designated as protected	
	Centrair - Japan's Bewest Hub Airport	3'36"	Take a trip to Central Japan International Airport, Japan's third largest airport.	
	2005 Special Olympic World Winter Games in Nagano	4'06"	In February of this year, Nagano was the first city in Asia to host the Special Olympic World Winter Games.	
Feb-05	Itsukushima - Shrine in the Sea	5'17"	Visit the 1,500 year old shrine of "Itsukushima" off coast of Hiroshima .	VHS
	Throw Away You Wallet	3'53"	See how smart cards and mobile phones are replacing cash as a common means of paying for goods	
	The Man who Mapped Japan	4'07"	Learn about Ino Tadataka, a man who produced maps in the 1800's that still today astound surveyors for their accuracy	
Jan-05	Green Roofs Combat Greenhouse Effect	3'40"	See how Tokyo is playing its part in the Kyoto Conference on Climate Change as it implements a law that all new or renovated buildings must have at least 20% of their roofs covered in vegetation.	VHS
	Braille on the Move	3'08"	Learn how a new device converts email and web page text into braille that is read continously from a rotating dial.	
	Kumamoto -- Land of Fire & Water	5'57"	Take a visit to Kumamoto-- a prefecture in Kyushu that has a famous reputation as a land of fire and giant volcanoes.	
	Eat, Drink, Relax-- Izakaya Style	2'54"	Drop in on a izakaya in Japan -- a typical Japanese social spot that is a happy combination of restaurant and bar	
2004		Length	Description	
Dec-04	Sacred Mountains of the Kii Peninsula	6'00"	Visit the sacred sites and pilgrimage routes of the sacred Kii Mountains that were designated a World Heritage Site in 2004.	VHS
	Miso Power	3'00"	Learn why miso is effective in preventing a range of diseases.	
	Rural Grassroots	3'40"	See how the Asian Rural Institute near Tokyo is helping to train future leaders from developing countries in agricultural techniques and other organic farming methods.	
	Saving the Yanbaruikuina	4'40"	A special research project is underway now to save the yanbaruikuina, an Okinawa flightless rail from extinction.	

Nov-04	Changing Money	3'00"	See how Japan has used advance in computer and printed technology to combat forgers.	VHS
	EU-Japan Year of People-to-People Exchanges	4'03	See how Japan and Europe are celebrating 460 years of trading and cultural exchanges.	
	A Paper Revolution	3'05"	Watch how new technology is radically expanding the potential uses for paper.	
	Mysterious Okinawa	5'35"	Enjoy a brief visit to these unique islands with special culture distinct from the rest of Japan.	
Oct-04	Helping Rebuild Iraq	6'06"	Learn about Japan's reconstruction assistance efforts in Iraq.	VHS
	Turning Plastic into Soil	4'16"	See why new types of biodegradable plastics made from renewable vegetable resources promise to provide solutions to pollution disposal problems.	
	Coming Soon - EXPO 2005	4'50"	EXPO 2005 opens in March in Aichi, Japan. Tour pavilion construction sites to see what exhibits will be on display during the event.	
Sep-04	Making the World Safer from Earthquakes	5'04"	14% of all major earthquakes occur in Japan -- see why newly developed technologies are helping to make the whole world safer from natural disasters.	VHS
	Saikuzushi - Edible Art	3'23"	Learn about this little-known 200 year old tradition of using sushi materials to create colorful seasonal accents that make a table spread with sushi into even more of a feast for the eyes.	
	Move Like a Samurai	3'15"	Kobujutsu is the name given to a wide range of traditional samurai martial arts that are rarely practiced today. See how these traditional movements can be used today to help athletes improve performance.	
	Cars that Care for You	3'31"	With 6 million traffic accidents a year worldwide, rising car ownership makes road safety a global issue. Japan's auto makers are helping to improve safety by	
Aug-04	Korean Schoolchildren Discover	4'08"	School children from Pusan visit Japan's nearest island to Korea to take part in a festival celebrating a friendly mission that took place in 1607.	VHS
	Anything, Anywhere Home Deliveries	3'20"	Japan's express home delivery services are perhaps the world's most advanced - find out how these highly convenient delivery companies are now serving many	
	Kyoto Gozan Festival	3'08"	Obon is a special festival where Japanese families pay their respects to departed relatives. The festival starts with paper lanterns and candles to summon the dead souls and in Kyoto in ends with the famous Gozan Fire Festival.	
	World Above the Clouds - The Japan Alps	5'07"	Visit the three ranges of the Japan Alps. With their many 3,000 meter peaks, these mountains are widely famous for their varied beauty.	
Jul-04	Shiretoko - The Edge of the World	6'42"	Visit this beautiful narrow peninsula in northeast Hokkaido This area is currently being considered as a candidate World Heritage Site.	VHS
	Pure,Pure Water	3'56"	See how Japan has developed into a world leader in dams and water supply engineering.	
	A Library in Your Pocket	3'23"	Learn how E-books are becoming popular in Japan. New technologies are creating devices that can carry the contents of up to 500 books in your pocket!	
Jun-04	Gifu Decorative Arts	4'40"	Gifu, in central Japan, has a renowned tradition of decorative arts, notably ceramics and paper-making stretching back to the late 16th century. Enjoy visiting this prefecture's thriving artistic community.	VHS
	Keeping Fruit Fresh	3'52"	Learn how new storage methods of extending freshness are giving Japanese fruit products the opportunity to reach even wider markets.	
	Tokyo Street Fashion	3'16"	Check out one of the world's most fashion crazy and conscious capitals!	
	New Life for Old Art	3'52"	See how systems and techniques used by Japanese art restorers are being used to preserve art pieces hundreds of years old.	
	Tokyo Nature Walks	3'55"	The giant metropolis of Tokyo is more than just a concrete jungle. Within the city's boundaries, there are many fine nature walks, taking you through ravines and wooded valleys, and even up Tokyo's own 600 meter mountain.	
	Cleaning Power of Light	3'41"	Learn about a new technology that uses the power of light to automatically keep buildings and the environment clean.	

May-04	Makers of Miniature Worlds	3'39"	Look behind the scenes to see why Japanese model makers have their well deserved reputation for finely detailed work.	VHS
	Onabashira - Pillars of the Gods	3'47"	This festival, held near Lake Suwa is held every seven years and goes back a millennium. See why this event is one of Japan's most exciting and unique cultural celebrations.	
Apr-04	Kyoto on a Budget	5'58"	Everyone visiting Japan wants to see Kyoto, the nation's cultural capital. This segment offers tips on how to have an enjoyable time in Kyoto that's affordable too!	VHS
	Wood that won't burn	3'25"	The Japanese traditionally built in wood, a beautiful material well suited to the local climate. Learn about a revolutionary fireproofing treatment that is bringing wooden architecture back into fashion.	
	Wrap it up, Japanese Style	3'04"	The furoshiki is an old and uniquely Japanese method for gracefully wrapping items of almost any shape, allowing them to be easily carried. Observe scores of furoshiki techniques that have been developed to wrap everything from a pair of sake bottles to watermelons.	
	Fooing the Eye	2'37"	There's a new art trend coming out in Japan called Trick Art. It takes the techniques of trompe l'oeil painting to new extremes -- try to see if you can tell what is real and what is not	
Mar-04	Miyagi -Where the Samurai Spirit Lingers on	5'40"	Miyagi Prefecture in northeast Japan still has the flavor of the samurai culture that flourished here 400 years ago. Visit Sendai city, and the beautiful islands pf Matsushima for a taste of ancient Japan.	VHS
	Sounds of Falling Water	3'00"	The Japanese are famous for their love of nature. Learn about the revival of the suikinkutsu, an old but little-known device that uses the sound of water to enhance a garden's atmosphere.	
	Disability, Mother of Invention	3'53"	See how an engineer and inventor who lost his hand in an accident is leading a low tech revolution in mechanical aids for the disabled.	
	Carrying Wishes into the Sky	2'25"	On winter nights in a small village in Akita, huge hand-painted paper hot-air balloons rise into the sky. Today, visitors to the this special festival can write their wishes and watch them carried up and away by these fiery colored	
Feb-04	Kobe -International Port City	5'04"	Kobe has always been a cosmopolitan city , a great port welcoming foreign cultures, trade and ideas. Boasting both 19th century western mansions and a lively Chinatown, this center of international fashion, in confectionery and furniture as well as fine shoes and clothing, is also home to local industries like pearls and sake. The now complete reconstruction after the 1995 earthquake also revived many traditional crafts.	VHS
	Dueling Robots	3'34"	Amateur hobbyists are helping to push the limits of humanoid robot technology , and one way they test the effectiveness of new developments is to enter their designs for ROBO-ONE, a tournament where robots battle for victory using a wide range of realistic humanoid fighting techniques. As well as testing the technology , this exciting tournament is great fun for all involved.	
	Masters of Fake Food	3'46"	Many people have now seen the fake food display samples that Japanese restaurants use to advertise their menus. But did you know that this is a craft with an 80 year history , and all models are still individually hand made by master artisans? The idea originated in a small mountain town in Gifu, and you can still visit a traditional workshop there.	
	Snowman Village	2'45"	The tiny village of Shiramine in Ishikawa has a novel way of brightening up the long dark winters. Turning the region' s plentiful snowfall to advantage, they fill the village with snowmen- over 3,000 of them, in all shapes and sizes. This charming snowman festival, lit by candles after dark, now brings many visitors to	
	Fukuoka – Gateway to Asia	5'52"	Fukuoka, the part of Japan closest to the Asian continent, has long been a gateway for trade and cultural exchange, and today is a manufacturing center and major regional transportation hub. With many of its own distinctive traditions, crafts and specialties, Fukuoka is also known for its cosmopolitan flavor – frequent ferries link it to Republic of Korea, and it has a large international	

Jan-04	Cutting Edge of Paper Art	3'22"	Youichi Wada is a master of the art of making models with cut and folded paper. Using a computer to create the design, he can make quite extraordinarily complex models – insects, animals, even medieval castles – out of a single sheet of paper, using no glue at all. He pushes the limits of his craft in other ways too, building lifelike figurines using hundreds of varieties of colors of paper.	VHS
	Evolving Stations	2'32"	Japanese railways carry about 70 million passengers every day, and today's stations are evolving to provide an ever greater variety of services to this vast number of people. Inside the station, as well as shops and restaurants, you can now find hairdressers, massage salons, and day care centers. In one station, you can even stop off for an English lesson.	
	Tokyo Nights, Tokyo Lights	2'06"	Tokyo's illumination are a splendid sight, especially in the clear winter air. Whether you're looking at illuminated landmarks like Tokyo tower, special events like the Millenario, or just the sparking cityscape seen from a river cruiser, tall building or even a helicopter, the sight of Tokyo at night is unforgettable.	

1. Japan – Sense of Wonder	*DVD		
Technology, Food Culture, Industrial Design, Pop Culture, Architecture, The Many Wonders (5minutes each)	30 min	2011	

2. A Glimpse into Japan	*DVD		
This DVD features a five minute video montage of scenes from all aspects of traditional and modern life in Japan. There is no narration however a musical score accompanies the video images which include architecture, geography, art, theater, sports, clothing, and food among other images.	5 min	2009	

3. Japan – Land of Vitality	*DVD		
An introduction to the culture, customs, nature and different lifestyles in Japan throughout the four seasons; and the technology which contributes to the global community in various fields.	15 min	2008	

4. DVD -JAPAN VIDEO ENCYCLOPEDIA – 2005 Edition Produced by NHK International, Inc.

1. Life for Japanese People	日本人の暮らし	*DVD		
1	Home	住	5 min	2005
2	Food Culture	食文化	5 min	2005
3	Japanese Cuisine	日本料理	5 min	2005
4	Clothing	衣	5 min	2005
5	Customs	習慣	5 min	2005
6	Annual Events	年中行事	6 min	2005
7	Festivals	祭	6 min	2005
8	Leisure	余暇	5 min	2005
9	Lifelong Education	生涯教育	5 min	2005
10	Office Workers	仕事	5 min	2005
11	Women	女性	5 min	2005
12	Children	子供たちの生活	5 min	2005
			Total	62min

2. Japanese Society, Politics, Diplomacy	日本の社会・政治・外交	*DVD		
1	The Imperial Family	皇室	6 min.	2005
2	Diplomacy	外交	7 min.	2005
3	International Contribution (1) –Peace Cooperation & Global issues–	国際貢献 –平和活動・地球規模問題–	6 min.	2005
4	International Contribution (2) –Official Development Assistance –	国際貢献 –ODA–	7 min.	2005
5	Political System	政治制度	6 min.	2005
6	Defense	防衛	6 min.	2005
7	Public Order	社会秩序	6 min.	2005
8	Disaster Prevention	災害防止	6 min.	2005
9	Transportation	交通	6 min.	2005
10	Education	教育	6 min.	2005
11	Welfare	福祉	5 min.	2005
12	Environment	環境	5 min.	2005
			Total	72 min

5. DVD -Hello! Japan (For Elementary – Junior High School Students)

2007 Edition				
1	Opening		0'49"	2007
2	Nature and Culture		1'20"	2007
3	Cutting-Edge Technology		0'57"	2007
4	Food Culture		0'57"	2007
5	Kid's Life		2'15"	2007
6	Break Time		0'58"	2007
7	International Contribution		0'42"	2007
8	Ending		0'54"	2007
			Total	9 min

6. Other DVDs

J-POP Promotion Video 2008 Selection		2009
J-POP Promotion Video 2007 Selection	80 min	2007
Touch on Japan (Visit Japan Campaign)	8'00"	2006
Yokoso! Japan Visit Japan Campaign	4'30"	2008
Fantastic Destinations in Japan	47min	2007

7. Video Trilogies

Youth Culture Trilogy

1	Music with a Message J-POP – Japanese Pop Music	15 min.	2003
2	Anime Japan's Thriving Animation Culture	15 min.	2003
3	Japanese Youth My Dream	15 min.	2003

Tourism Trilogy

1	Mount Fuji –A Timeless Beauty	15 min.	2003
2	The Japanese Onsen–Healing the Body,Soothing the Spirit	15 min.	2003
3	Winter in Japan –Sparkling Ice, Gleaming Show	15 min.	2003

8. -JAPAN VIDEO ENCYCLOPEDIA –

Produced by NHK International, Inc.

1. Life for Japanese People 日本人の暮らし

1	Home	住	6 min.	1998
2	Food Life	食生活	6 min.	1998
3	Traditional Cuisine	日本料理	6 min.	1998
4	Clothing	衣	6 min.	1998
5	Annual Events	年中行事	6 min.	1998
6	Festivals	祭	6 min.	1998
7	Vacations	余暇	6 min.	1998
8	Customs and Etiquette	習慣	6 min.	1998
9	Lifelong Education	生涯教育	6 min.	1998
10	Children's Daily Life	子供たちの生活	6 min.	1998

2. Japanese Culture 日本の文化

1	Traditional Performing Arts	伝統芸能	6 min.	1998
2	Crafts	工芸	6 min.	1998
3	Tea Ceremony・Flower Arrangement・Calligraphy	茶道・華道・書道	6 min.	1998
4	Sports	スポーツ	6 min.	1998
5	Religion	宗教	6 min.	1998
6	Young People	若者	6 min.	1998
7	Comics	漫画	6 min.	1998
8	Cities	都市	6 min.	1998
9	Entertainment	現代芸能	6 min.	1998
10	Architecture	建築	6 min.	1998

3. Japanese Industry & Economy 日本の産業・経済

1	Agriculture	農業	6 min.	1998
2	Fisheries・Marine Products	漁業・水産加工	6 min.	1998
3	Manufacturing	製造業	6 min.	1998
4	Finance	金融	6 min.	1998
5	Distribution System	流通	6 min.	1998
6	International Trade	貿易	6 min.	1998
7	Disaster Prevention	防災	6 min.	1998
8	Information Society	情報化社会	6 min.	1998
9	Robots・Biotechnology	ロボット・バイオテクノロジー	6 min.	1998
10	Clean Energy	クリーンエネルギー	6 min.	1998

4. Japanese Politics & Society 日本の政治・社会

1	The Imperial Family	皇室	6 min.	1998
2	International Contribution (1) –PKO and Global Issues –	国際貢献 –PKO・地球規模問題–	6 min.	1998
3	International Contribution (2) –Official Development Assistance –	国際貢献 –ODA–	6 min.	1998
4	Political System	政治制度	6 min.	1998
5	Defense	防衛	6 min.	1998
6	Police	警察	6 min.	1998
7	Transportation	交通	6 min.	1998
8	Education	教育	6 min.	1998
9	Medical Care and Social Security	医療・社会保障	6 min.	1998
10	Environmental Protection	環境	6 min.	1998
11	Community Activities	地域活動	6 min.	1998

5. Sketches of Japan 日本点描			
1	Cities - Metropolitan Area	都市 (首都圏)	6 min. 1998
2	Regions - Hokkaido	地方 (北海道)	6 min. 1998
3	Regions - Tohoku	地方 (東北)	6 min. 1998
4	Regions - Kanto	地方 (関東)	6 min. 1998
5	Regions - Chubu	地方 (中部)	6 min. 1998
6	Regions - Kinki	地方 (近畿)	6 min. 1998
7	Regions - Chugoku・Shikoku	地方 (中国・四国)	6 min. 1998
8	Regions - Kyushu・Okinawa	地方 (九州・沖縄)	6 min. 1998
9	Four Seasons	日本の四季	6 min. 1998

9. -Traditional Japanese Culture - Produced by NHK International, Inc.

1	Calligraphy		20 min. 1999
2	Musical Instruments		20 min. 1999
3	Japanese Dance		20 min. 1999
4	Japanese Cuisine		20 min. 1999
5	Tea Ceremony		20 min. 1997
6	Kimono		20 min. 1998
7	Japanese Pottery & Porcelain		20 min. 1999
8	Japanese Arts and Crafts		20 min. 1999
9	Japanese Architecture		20 min. 1999

10. -Traditional Japanese Sports - Produced by NHK International, Inc.

1	Sumo		25 min. 1994
2	Judo		15 min. 1994
3	Kendo		15 min. 1994
4	Karatedo		15 min. 1994
5	Kyudo		15 min. 1994
6	Naginata		15 min. 1994

11. NIPPON : The Land and Its People 日本-その姿と心-

1	THE TRADITION OF PERFORMING ARTS IN JAPAN (Out of stock)	伝統演劇 (在庫なし)	38 min. 1991
2	THE JAPANESE BUSINESSMAN	ビジネスマン	25 min. 1991
3	THE JAPANESE FAMILY	ファミリーライフ	34 min. 1991
4	THE TASTE OF JAPAN	味	30 min. 1991
5	JAPANESE TECHNOLOGY	技術	24 min. 1991
6	JAPANESE SOCIETY	現代社会	22 min. 1991
7	CUSTOMS AND MANNERS	習慣とマナー	29 min. 1991
8	THE JAPANESE AND NATURE	日本人と自然	30 min. 1991
9	JAPAN'S CORPORATE SYSTEM	企業経営	30 min. 1991
10	EDUCATION IN JAPAN	日本の教育	30 min. 1991
11	WORKING WOMEN	働く女性たち	30 min. 1991
12	ANNUAL FESTIVITIES AND CEREMONIES	年中行事と冠婚葬祭	30 min. 1991

Japan Video Topics Selection 2008/09

Mar-09		
Culture/Lifestyle	Monkiri asobi - The Art of Papercutting	3'59"
	Donabe - Most Versatile of Cooking Pots	3'41"
	Deco Art - It's Everywhere	3'58"
	High-rise Work Fashion	3'27"
Toursim / Festivals	Tokyo's Subtropical Islands	4'15"
	Night Festival in Chichibu	4'20"
	Iwami Kagura - Ancient Ritual to Modern Folk art	4'49"
Technology / Environment	Fresh Ideas for Mobile Living	3'38"
	Minamata - An Eco-Aware Community	3'45"
	Green Revolution Transforms City Rooftops	3'43"
Total		39'35"

Japan Video Topics Selection 2000-2006 (3 DVD)

Volume 1 Tourist Attractions of Japan			
Sightseeing	Kyoto on a Budget	2004	5'58"
	Aomori - Land of Contrasts	2005	3'50"
	Hiraizumi - Glories of Long Ago	2005	4'40"
	Nikko - Japan's Oldest International Resort	2005	5'52"
	World Above the Clouds - The Japan Alps	2004	5'07"
	Kumamoto - Land of Fire and Water	2005	5'57"
	Mysterious Okinawa	2004	5'35"
	Tokyo Travel Tips	2003	6'12"
	Tokyo Nights, Tokyo Lights	2004	2'06"
	Hokkaido - Snowy Mountains to Sunny Meadows	2003	5'28"
	Kamakura - Birthplace of Samurai Culture	2003	5'16"
	Hakone - Tokyo's Mountain Resort	2003	5'23"
	Nagasaki City - Gateway to the World	2003	5'40"
Festivals	Onbashira - Pillars of the Gods	2004	3'47"
	Kyoto Gozan Fire Festival	2004	3'08"
	Hakata Gion Yamakasa Festival	2005	4'10"
	Awa Odori - Dancing Fools' Festival	2001	3'54"
	Akita Kanto Festival	2000	4'34"
Total			86'37"

Volume 2 Japanese Culture and Lifestyle			
World Heritage	Itsukushima - Shrine in the Sea	2005	5'17"
	Sacred Mountains of the Kii Peninsula	2004	6'00"
	Shiretoko - The Edge of the World	2004	6'42"
	Nara - Japan's Ancient Capital	2002	5'20"
	Repairing the Shogun's Shrine	2001	5'23"

	Himeji Castle - an Architectural Wonder in Wood	2002	6'47"
Food Culture	Miso Power	2004	3'00"
	Eat, Drink, Relax - Izakaya Style	2005	2'54"
	Wagashi - The Taste of the Seasons	2005	3'15"
	Rice and the Japanese	2005	4'25"
	Heart-Warming Nabe Cookery	2005	4'04"
	Ramen - Japan's Favorite Noodle	2002	4'34"
	Tofu - Centuries Old Health Cuisine	2003	3'18"
Traditional Culture	Move like a Samurai	2004	3'15"
	Gifu Decorative Arts - The Legacy of Furuta Oribe	2004	4'40"
	Okinawa Sanshin	2005	3'18"
	Traditional Good-Luck Charms	2005	4'36"
	Sounds of Falling Water	2004	3'00"
Seasons	Raining in Japan	2005	3'34"
	SAKURA - Celebration	2004	3'00"
Total			86'22"

Volume 3 Modern Japan			
Pop Culture	Tokyo Street Fashion	2004	3'16"
	Games Reach the Next Level	2005	3'06"
	Akihabara - Hobbyist's Paradise	2005	4'05"
	More than Cute - Kawaii	2006	3'10"
Japanese Citizens Playing Active Role in Society	The Artificial Limb Makers	2005	4'14"
	Senior Volunteers Work Abroad	2005	3'26"
	Weaving Works of Art	2006	4'38"
	Art of Hidden Beauty	2006	4'30"
Advanced Technology / Environment	Cleaning Power of Light	2004	3'41"
	Turning Plastic into Soil	2004	4'16"
	A Paper Revolution	2004	3'05"
	Green Roots Combat, Greenhouse Effect	2005	3'40"
	Ridding the World of Landmines	2005	3'04"
	Throw Away Your Wallet	2005	3'53"
	The Island that Run on Water - Yakushima	2005	4'02"
	Winter Snow Keeps Summer Cool	2005	3'08"
Bringing Color Back to the Ocean	2005	4'12"	
Industry	Keeping Fuits Fresh	2004	3'52"
	Anything, Anywhere Home Deliveries	2004	3'02"
	When Computers Can't Match Human Skill	2005	4'43"
	A Brush with Beauty	2005	4'08"
Total			79'11"